

ST MARGARET'S

Parish Church for Leiston-cum-Sizewell



EVERY POPPY COUNTS

NOVEMBER 2021

£1 25

St Margaret's Worship

The restrictions due to the pandemic continue until further notice, Places of Worship can be used for services carefully following all the government rules, including; social distancing, wearing face coverings, hand hygiene etc. At St Margaret's we continue to offer a service of Holy Communion in church at 10am each Sunday.

There is a short service of Morning Prayer every Tuesday at 9.30am; this is held by telephone conference call. A service of Evening Prayer will be held on Wednesdays in church at 5pm from 4 August.

Our home-produced worship video, other resource material and information are shared by email every Saturday.

If you wish to join our mailing list or the Tuesday Morning Prayer please contact me (email: vicarleiston@gmail.com or telephone: 01728 830421).

Richard Finch

CONTACT US

Priest in Charge: Reverend Richard Finch: T.830421

The Vicarage, Church Road, Leiston E.vicarleiston@gmail.com

Associate Priest: Reverend Morag Finch

Reader: Mr Bernard Smith: 3 Daneway Gardens, Leiston T.830105

Lay Elders:

Mrs Pat Carter, 42 Haylings Road, Leiston T.831852

Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

Church Wardens:

Mrs Pat Carter: 42 Haylings Road, Leiston T.831852

One Vacancy

PCC Treasurer: Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

PCC Secretary: Mrs Emma Jameson, 4 Woodlands, Leiston T.832166

'JAM' (Jesus & Me) Sunday School Leader: Mrs Sandra Ellis T.832168

Organist & Choir Master: Mr Matthew Merrett

Deanery Synod Representatives:

Vaughan Windle, 21 Eastward Ho T. 833988

One Vacancy

Resident Retired Priest:

Reverend Richard Ellis: 9 Kings Road, Leiston T.832168

Website Editor: Mrs Maureen Fox T.830929

Magazine Editor: Mrs Pat Carter T.831852 **Email:** pm42carter@gmail.com

We remember ...

This year the Remembrance Sunday service with the Leiston Branch of The Royal British Legion will be in church on Sunday 14th November at 11am after the wreath laying ceremony at the war memorial, in the churchyard. We are following the covid precaution recommendations for public gatherings held indoors, continuing the use of face coverings, social distancing and hand cleansing. This year The Royal British Legion celebrates their centenary anniversary of the formation of the organization. The Leiston branch will be dedicating a new standard during the service. Information about the work of The Royal British Legion can be found on their website www.britishlegion.org.uk

Remembering is important, giving thanks for those who have given of themselves helps us to honour their lives, but remembering without continued service can make the act of remembering of little value. The purpose of The Royal British Legion is to remember those who have died and also to care for those whose lives have been affected by conflict or illness. I sometimes quietly reflect, when conducting a funeral, on how the one who has died affected the lives of their family or friends, for good or ill. It can be their actions of selfless love that have helped their family progress in life. Our communal aim is to help make the lives of those around us safer, enriched with loving care.

As I write this reflection there has been much in the news about how our communities should be safe places for women. The key to positive change for women will be men changing their behaviour. It is for all of us to create communities where all people are respected, treated with dignity and needs given attention.

Leaders from around the world will gather in Glasgow for the conference on climate. How we serve the natural world is as important as how we serve humanity. Our relationship with nature should be one of living in harmony, not trying to dominate and extract all the goodness from the earth and living creatures. It is the same for our human relationships. There are many references in the Bible about living in peace, caring for the widow and orphan, resting the land and also warnings about the effect of greed. For lasting change there has to be an acceptance, a sense of joy, for that which is good and a knowledge of when we have enough and not exploit other people or the natural world.

May we constantly strive to work for a world of peace.

God bless you and keep you.

From Richard

Rev Richard Finch

Pondering Prayer

November 1st is All Saints Day which, by the time you read this is probably past for another year. Thinking about it, however, I realised there are more saints than any of us can remember. While we may know the disciples and gospel evangelists and such renowned names as St Francis of Assisi, St Christopher and many others, what about Matthias or Wilfrid for example? We think of saints as followers of Christ who have led Godly lives and been canonised over the centuries by various Popes. But there will have been thousands more people over the centuries who have been just as God-fearing and hard-working or even killed for their faith who no Pope has canonised or probably ever heard of.

Looking back on your own lives have you ever considered how many Saints – in God’s eyes – you may have met? Someone special who turns up and offers you some advice and guidance, or gives you some unexpected help when you were in despair which when you look back you realise what they said or did made a real difference or even changed the path of your life; or just helped you get through a difficult time. In an hospital or hospice or perhaps somewhere else quite unexpected. Some people when faced with such an event may call the person who made the difference an angel – or are they perhaps indeed the saints of this world by another name.

In an anthology of Christian poems call “Into the Light” edited by Ruth Byers, is a poem “Richard and the Angels” which perhaps best explains what I mean.

*When the pain is strong and the eyes are tired and you crave a cigarette,
what do you do?*

No smoking in the room allowed, too weak to walk – the craving grew!

*An angel saw the problem, and called her angel friend, and together pushed dear
Richard and the bed to the smoke room at the end.*

*An angel rolled the cigarette, while the other held his head: he managed only one small puff,
and fell asleep upon his bed.*

The angels smiled and pushed him back, back into his room:

No complaint of wasted time, or angry word, or moan.

Mary anointed Jesus’ feet not long before He died.

*An angel came to Richard, and standing by his side, when the only sign of life was the
breathing out and in, with sweetly smelling oil she gently bathed his feet*

and massaged the oil in to comfort him, as he lay asleep

*And as he died an angel came who brought a budding rose
and placed it on his pillow by his head:*

As the petals opened so an angel took his soul and left the empty body on the bed.

It was written in memory of a brother in an hospice in the last days of his life, unconscious to the world so far as anyone could tell.

In our prayers:

Praise God that he makes possible the holiness that our best efforts can never attain.

Praise Him for the saints of the earth known to you.

Pray for strength to be holy as He is holy and pray for grace to overcome those difficulties and sins that you face today.

Holy Jesus make us holy

Holy Spirit make us strong

Holy Father make us aware of your life and love in all that we do and say.

Br. Christian

ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP

Janet Few – “Remember Then: memories of 1946-1969
and how to record your own”

Monday 15th November at 7.30pm on Zoom

Recalling life in Britain during the pivotal period 1946 – 1969, Dr Janet Few describes the results of a project during which eighty women recorded their memories of a time when we moved from liberty bodices to mini skirts and from ration books to ready meals. We saw the emergence of youth culture, the comprehensive education system, conspicuous consumerism and feminism. Join us on Zoom to either reminisce or discover what life was like at the time. This talk is much more than just a collection of memories. The techniques described will help both men and women, of all ages, to start writing reminiscences of their own.

This Zoom based event is free to members, but is also available to non-members at a cost of £3. If you wish to ‘attend’ please register via our website <https://avsfhq.org.uk/events/book/> and you will be sent joining instructions. Don't leave it too late – places are filling up fast!

However, at a cost of £6 for a full year's membership, why not consider signing up with this growing band of family history enthusiasts now?

Membership taken out after 1st October lasts until the following December



"At the going down of the sun
and in the morning we will
remember them"

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Royal British Legion
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In aid of the poppy appeal

NOVEMBER

As I'm writing this, it is a lovely sunny day; the blue sky against the colour of the autumn leaves blends in. Every so often a breeze blows and the leaves fall quietly to the ground, just like the poppies that fall in the Albert Hall the night before Remembrance Sunday.



Once more we wear our Poppy with pride remembering the many men and women who died fighting for their country. There were also a lot of men and women who fought for the country in a different way by their secret work. We shall never know who, as it was such important work to help shorten the war.

All along the East coast so much of that work went on. We had the Secret Army, Minsmere, Orford and Bawdsey Manor. Lots went on there, but they are the unsung heroes as a lot, even after all these years, never revealed what they were involved with. This part of the coast always seemed quiet but with smuggling and secret work going on it's just like a Bond film.

Things seem to be a bit more normal this year, but I'm still a bit wary. I'm so glad, like all people, to be able to see the family regularly and friends too.

MARGARET CLARKE

HARVEST CELEBRATION AT ST MARGARET'S



On Sunday 3rd October St Margaret's Church celebrated the harvest. People brought baskets of thanksgiving (containing flowers, fruit, vegetables, tinned and dry goods) which were placed in front of the altar at the beginning of the service. During the service the baskets were blessed.

At the end of the service those who had brought the baskets were encouraged to take them to give to someone or to the food banks in the local Co-op or at the United Church.

During the service we sang "For the beauty of the earth" and "Seek ye first the kingdom of God" finishing with a harvest favourite "We plough the fields and scatter". After the service tea and coffee was served at the back of the church and fellowship was shared.

WORLD DAY OF PRAYER 2021

This year the service was written by the women of Vanuatu. On the appointed day for the service this year it was felt unsafe to hold the service. A decision was made that it would be held later in the year – hopefully outside so worshippers felt safe. However the summer went by and no suitable date was found. It was decided instead to offer donations to support the work of the World Day of Prayer and hope that the situation would be better in 2022. Total donations of £165 have been forwarded.



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supervisor@leistoncab.cabnet.org.uk to make contact.

citizens
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Leiston,
Saxmundham
& District

Kids Zone Two word puzzles and a picture

To colour



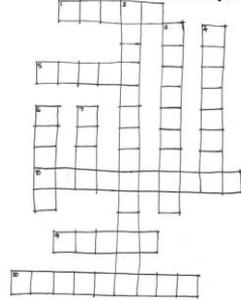
FIREWORK WORD SEARCH

q	w	e	t	s	k	y	r	o	c	k	e	t
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e	b	a	n	s	a	l	h	k	p	e	n	z
s	f	a	d	i	s	p	l	a	y	e	s	a

bangs display sparklers
 black snakes fountains lights
 fireworks skyrocket flares

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Circus Crossword



ACROSS

DOWN



CLOWN LION WORD BANK TIGER UNICYCLE
 HORSE RING LEADER STRONG MAN TIGHT ROPE ZEBRA
 SWORD SWALLOWER



HOW WELL DO YOU KNOW THE SAINTS?

1. Which Saint's feast is on Boxing Day?
2. What are the two former names of the Russian city, St Petersburg?
3. What saintly name is given to an atmospheric glow that appears on the extremities of pointed objects such as ships masts and church spires?
4. Who is the patron saint of lost causes?
5. Which European republic was founded by St Marinus and his Christian followers?
6. What event inspired George Bernard Shaw to write the play 'St Joan'?
7. Where is St Edmund buried?
8. According to folklore, what will happen if it rains on St Swithin's day?
9. Which saint was the first Archbishop of Canterbury and founded the Christian Church in the south of England?
10. Who is the patron saint of doctors?

Answers to last month's questions

- 1Jelly Babies 2Skittles 3Honeycomb 4Dairy Maids 5Double Decker
6Ripple 7Lion 8Milky Way 9Cloves 10Bulls Eyes
11Crunchie 12Acid Drops 13Roses 14Turkish Delight 15Fruit and Nut

**When contacting any of the businesses advertised,
don't forget to mention you saw their advert in the
St. Margaret's Magazine!**

PLEASE NOTE Andrew Hawes no longer uses Mobile number 07521476294



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A DIAMOND CELEBRATION!



It was my pleasure and privilege to open St Margaret's Church to welcome Clifford and Linda Cater on the occasion of their Diamond Wedding Anniversary. They came with their three daughters and one of their eight grandchildren, five girls and three boys. It was an emotional time for them all. Clifford and Linda had been told by their children they would be collected for a day out to celebrate their wedding anniversary but were not told where they would go. It was lovely to hear their reminiscences of their meeting, their wedding and marriage. Clifford (who only weighed 2lb when he was born) was in the RAF and had been posted to a fixer station in the Red House Lane/Hancocks Close area. Walking down the road he saw two girls (Linda and her friend Annette Crawford, now Mann) walking along swinging tennis racquets. Going over to them he told them that he played tennis (which he didn't!) and they agreed to a game on the Victory Road recreation ground in the fenced courts there – long gone. This meeting led to their wedding at St Margaret's Church on 23 September 1961.

Over the years the family have visited Leiston on many occasions to see family and friends within the restraints of living and working on a farm in Norfolk..... but this was the most important visit for them all.



23 September 2021



ST MARGARET'S CHURCH TOWER LIGHTS UP

During October the lighting of the Church Tower was sponsored on

Saturday 9th October In loving memory of Pat

**A heart of Gold stopped beating,
Two shining eyes at rest,
God broke our hearts to prove,
He only takes the best.**

Tony Cooper

If you would like to mark a special occasion by sponsoring the lighting of the Church Tower for a donation of £5 per day, please write the details in the diary provided in church, then place the completed payment envelope in the wall safe. Many thanks.

*If you would like to arrange to light the tower during the lockdown period, please contact Sandra direct (contact details page 2)

Memorial Service of Celebration and Thanksgiving

Tuesday 12 October 2021 Mavis Jean Middleditch

Friday 22 October 2021 Margaret Spall

Blessing of Marriage

Saturday 16 October 2021 Julian Larkin and Beatriz Panis

EYE'S HARE AND TORTOISE TRAIL

Looking for somewhere to take my grandsons during their summer holidays I saw that Ipswich is not the only place in Suffolk to hold trails of decorated sculptures. This year Eye held a hare and tortoise trail to raise money for the Blossom Charity, a locally-based cause which helps women to achieve their life goals. The trail of 26 sculptures along with 16 mini-sculptures ran from 8 July until 10 September. Local businesses sponsored the sculptures which were painted by local artists. An auction was held on 16 September when the sculptures were sold. The total amount raised for the Blossom Charity was £62,500. We followed the trail using maps provided at various places in the town.



We found all the sculptures and enjoyed our picnic lunch in the ruins of Eye castle.

PAT CARTER

SUFFOLK HISTORIC CHURCHES TRUST RIDE AND STRIDE

On Saturday 11 September St Margaret's Church was open for visitors taking part in the Ride and Stride. This year the church had forty visitors, the most for several years. Four groups of cyclists and one group of striders took part to raise funds for St Margaret's – Helen and Chloe Cartley £90, David and Emma Jameson £100, Paul Marshall £55, Terri Roper £225 (all cyclists) and Pat Carter £61 (strider). A total of £531 plus Gift Aid was raised – half of this is for SHCT and half for our church. Thank you to everyone who was involved in this, those who took part on the day, those who manned the church and those who made donations. PAT CARTER

TWO ACCOUNTS OF HOW THE DAY WENT

Chloe and I undertook the cycle ride on Saturday and managed just over 30 miles and 18 churches, we visited;- Leiston, Knodishall, Aldringham, and Aldeburgh, returned home for lunch. Then we set out again from Leiston and visited Friston, Sternfield, Saxmundham, Kelsale and Theberton before returning home again. We had a great time. HELEN CARTLEY



Helen, Chloe and Lenny (Chloe's toy lion)

Like many people over years, I have participated in 'ride and stride' events. Some years these have been considerably ambitious like cycling from Maidstone to Canterbury Cathedral. The trouble was that by the time I eventually arrived, there was nobody left around to sign me in and verify my sponsorship form. Fortunately, a kind visitor agreed to sign the form and vouch that I had successfully completed my intended cycle ride.

Since living in Leiston and being a member of St Margaret's congregation, I have completed three 'ride and stride' events in beautiful Suffolk. The wonderful thing about cycling is that it is a great stress buster especially when cycling through the

quiet country lanes. When I was teaching full-time in Kent, I would cycle to the technical college over the North Downs and despite sometimes having a difficult day with the students my cycle home of some 10 miles completely relaxed me ready for the children and the hyperactive Border Collie.

The added bonus of the 'ride and stride' event is that many churches that one would not normally have access to are open for viewing. This allows the cyclist or walker to have a look round or simply sit in silence and take in the ambience. When I lived next to the River Thames in Gravesend, one of my favourite churches was St James at Cooling on the Hoo Peninsula, which is now looked after by the Churches Conservation Trust. The church was famous for supposedly being Dickens's inspiration for Pip's meeting with the convict Magwitch in *Great Expectations*. Also, the churchyard contains what is referred to as Pip's Graves, those of small children that never reached maturity.

I can remember cycling out to St James on crisp winter mornings and sitting on the bench near Pip's graves. It was a joy to look at the low winter sun peeping through the bare trees and reflect upon life and put one's concerns into perspective. I always find quiet churches permit one to carry out self-reflection that the busy world denies us.

The past couple of years in Suffolk have allowed me to cycle north and south of Leiston and clock up in excess of 40 miles per ride. North Essex, Suffolk and Norfolk are wonderful counties for relaxed cycling, when compared with other parts of the Country, like the Peak and Lake Districts. However, hardened motorists are always keen to impress upon the cyclist the flat nature of the East Anglian landscape. This is simply because they have a device in their cars called an 'accelerator', to which they simply apply a little more pressure should they encounter a gradient.

Although, I have only lived in Suffolk for three years, I have been cycling in this region for two decades. I remember talking to an elderly cyclist near Halesworth who pointed out that although there are not many hills in Suffolk, there are quite a few valleys. To prove the point, if one cycles from Leiston to Saxmundham there is certainly an appreciable gradient to manage on the return journey. This idea of the flatness of East Anglia was probably reinforced by John Betjeman in his 'Passion for Churches' series in 1974. Betjeman states, "What would you be, you wide East Anglian sky, without church towers to recognise you by?"

This year, I inadvertently booked a holiday cottage in Holt, Norfolk, which coincided with the 'ride and stride' event. Our churchwarden Pat suggested that I could take

my bicycle with me and carry out the sponsored cycle ride in North Norfolk. A good idea, but I did not really want to carry a full-sized bicycle with me up to Norfolk. Fortunately, I do own a foldable Brompton Bicycle with 16-inch wheels that would fit nicely within the car boot.

There is a designated cycle route around the North Norfolk Coast (No. 30) that keeps the cyclist off the busy highways. I decided to leave the cottage at 9 AM and cycle directly to Binham Priory. The Priory was home to a Benedictine community of monks for over 400 years and dates back to the 1090s. Unfortunately, it became a victim of the Suppression of the Monasteries under Henry VIII and was closed in 1539. The nave of the priory church, with its spectacular 13th-century west front, remains in use as the local parish church.

I arrived at Binham Priory at about 10 AM and was the only visitor at that point, although there were sign-in sheets and refreshments available. A member of the congregation had rigged up a discreet music system that was quietly playing a track of polyphonic chants. I sat down with a cup of orange squash and a Tunnock's chocolate biscuit and was transported back through the centuries. Fortunately, a couple arrived on their cycles from Morston, otherwise I might have spent an hour or more there soaking up the atmosphere.

I got back on my cycle and made my way to my second church visit at Langham with its RAF affiliations. Upon leaving Langham on my way to Wiveton, my attention was taken by a loud clattering sound rather like a stone being caught-up in the cycle's chain or gearing. Upon stopping to investigate, I found one of the rear wheel spokes had broken halfway along its length. This is an unusual occurrence, especially on such small 16-inch diameter wheels which are naturally stronger than 26/28-inch wheels. I always try to carry sufficient spares to get me out of trouble, but a broken spoke was something I had not catered for. I then tried to remember the last time I had a spoke break, which believe it or not was when I was eighteen. Now that's a long time ago, something like 46 years. Anyway, deliberating does not provide solutions. This called for a temporary job to see the ride to its logical conclusion.

As said previously, small diameter wheels are stronger than their larger counterparts. Therefore, unlike a 28-inch wheel one broken spoke does not significantly take the wheel out of true. I was able to employ a piece of electrical tape to hold the spoke together and stop its incessant clattering and complete my sponsored cycle ride via High Kelling and back to Holt.

The money raised from this event helps keep our churches alive and if you haven't already sponsored someone, maybe you will think about this next September.

PAUL MARSHALL

+++++

ST. MARGARET'S CHURCH

Dear Friends

November's magazine continues to focus on monthly prayer time, with the St Margaret's Church family group for this month as shown below. There are three family groups with each one appearing in the magazine every three months. However, you remain in our thoughts and prayers always.

If you would like to be included in our family monthly prayers, or have any queries please email stmargaretsleiston@gmail.com. If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we will add you to our 'special prayers' section.

In our Church Family Prayers

Martin Phillips-Last	Stephen & Gail Southgate
Simon, Sheena, Tom & Matt Merrett	Naomi Kerans
Sheila Mackinnon, David & Midge Mackinnon	John & Sue Last
Hannah, Stuart & Teddy Tilbrook	Helen Rivett
Phil, Sue, Joshua, Charlotte, Connie & Greg	Judith & Mike Stigwood
Watson	Maureen Fox
David & Cindy Fittell	Wayne, Ben & Niamh Fox
Emma Fittell	Fi Long
Paul, Alexander, Aidan, Cory & Amyleigh Fittell	Allison King
Jonathan, Kathryn & Joshua Williams	Luke, Asha & Jai Mewett
Mike & Lesley Cassie	Clare & Kane Hambridge
Vi Matthews	Peter & Jenefer Roberts
Stephanie Luckhurst	Charles & Pauline Stride
Joan Whale	Steve, Christine & Nathan James
Paul Espindola	Derek & Sheila Stiff
Mary Murphy	Eileen Free
Jo Tozer	Lynn and Dave Blake, Gemma, Craig, Florence and
Sue, Dale, Ewan & Cameron Threadkell	Arthur
Joan, Philip, Ian & Susan Huxley	Ann Essex

St. Margaret of Antioch



Parish Church of Leiston-cum-Sizewell
Church Road, Leiston, Suffolk IP16 4HG

NOTICE: Items for December's magazine

Please note that all articles, adverts etc. will need to be submitted to Pat Carter by **18 November** for inclusion in the December Magazine. Thank you.

Email: pm42carter@gmail.com

The Parish Magazine is available from St Margaret's Church. Delivery can be arranged.

Keep up to date with all Church Events

By visiting our own website

www.stmargaretschurchleiston.onesuffolk.net

How to Find Us

