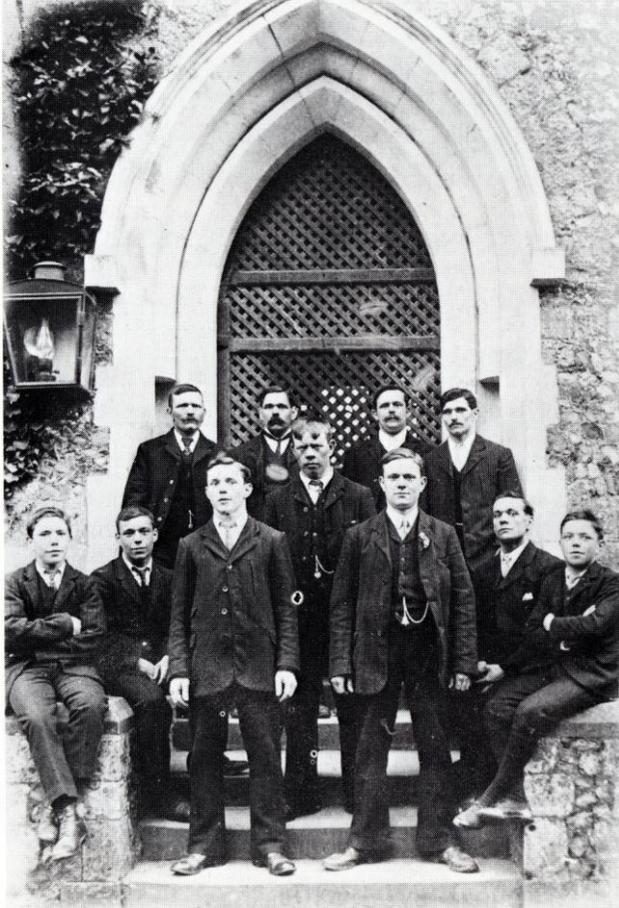


ST MARGARET'S

Parish Church for Leiston-cum-Sizevell



AUGUST 2021

£1 25

St Margaret's Worship

The restrictions due to the pandemic continue until further notice, Places of Worship can be used for services carefully following all the government rules, including; social distancing, wearing face coverings, hand hygiene, no singing etc. At St Margaret's we continue to offer a short service of Holy Communion in church at 10am each Sunday.

There is a short service of Morning Prayer every Tuesday at 9.30am, this is held by telephone conference call. A service of Evening Prayer will be held on Wednesdays in church at 5pm from 4 August.

Our home-produced worship video, other resource material and information are shared by email every Saturday.

If you wish to join our mailing list or the Tuesday Morning Prayer please contact me (email: vicarleiston@gmail.com or telephone: 01728 830421).

Richard Finch

CONTACT US

Priest in Charge: Reverend Richard Finch: T.830421

The Vicarage, Church Road, Leiston E.vicarleiston@gmail.com

Associate Priest: Reverend Morag Finch

Reader: Mr Bernard Smith: 3 Daneway Gardens, Leiston T.830105

Lay Elders:

Mrs Pat Carter, 42 Haylings Road, Leiston T.831852

Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

Church Wardens:

Mrs Pat Carter: 42 Haylings Road, Leiston T.831852

One Vacancy

PCC Treasurer: Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

PCC Secretary: Mrs Emma Jameson, 4 Woodlands, Leiston T.832166

'JAM' (Jesus & Me) Sunday School Leader: Mrs Sandra Ellis T.832168

Organist & Choir Master: Mr Matthew Merrett

Deanery Synod Representatives:

Vaughan Windle, 21 Eastward Ho T. 833988

One Vacancy

Resident Retired Priest:

Reverend Richard Ellis: 9 Kings Road, Leiston T.832168

Website Editor: Mrs Maureen Fox T.830929

Magazine Editor: Mrs Pat Carter T.831852 **Email:** pm42carter@gmail.com

Bernard writes

I read every morning after breakfast. As well as novels, history and religion are among the subjects. Books I should have read at college in some cases. Since January 2020 I have also kept a journal of interesting passages or thoughts that occur from these books. This year I decided to read the Bible from Genesis through to Revelation including the Apocrypha alongside The Living World of the Old Testament by Bernhard W Anderson and the Lion Book of Christianity.

Looking back through the journal I came across 'my attempts to understand how God works in the world' Reading the Prophets I compared their world to ours. Theirs was a much smaller world – the Fertile Crescent, Egypt and Babylon as opposed to ours which encompasses the whole globe.

To my mind the world has been designed and built to re-act in differing ways to various events and it is up to humankind to not only learn from their surroundings but also, on the whole, to resolve all problems with which they are faced. God has given us the power to do that, not necessarily alone, but also through what others have learned already. This ability we have been given has to be that of love-care-desire, to help our neighbours worldwide and vice versa, so that working together the whole world prospers and adversities can be overcome. BUT SADLY:

Many rulers and people in control of economies and well-being of the population, and even us as individuals are guided by selfishness, greed, self-centeredness, intent on just our own interests. That attitude could well destroy the world and ourselves. God's rewards or punishments are in OUR HANDS as a whole world people. If Governments, leaders, dictators care and work only for themselves, without love in their hearts and without thought for God our creator, the world will be destroyed, not by God, but by humankind who "go astray like lost sheep" tied up by selfishness and greed.

As individuals we make mistakes, do things wrongly whether knowingly or otherwise, which often results in suffering or pain. It is not from God, but from our own actions or that of others; thoughtless and unloving actions, or from what are called natural disasters.

Humankind has the means to keep the world prospering for generations, even eons to come – if only we follow the teachings God has given us through the prophets, Jesus and the disciples as well as the wisdom of many who may not even be God-

knowing or Christian. We need the love of the Father and the Son in our lives that we can pass to others. From there we get help to help ourselves. God loves us so much he has fully given us free choice – to love and save the world – or to hate (self-love) and destroy this wonderful gift that we have. We must each share the love we have freely with others and they with us and the world, I believe, would flourish.

One Man came to save the world and offer us redemption, but if the world as a whole will not listen what then? - Do we Crucify Jesus Christ again?



CITIZENS ADVICE – HAS COVID LEFT YOU STRUGGLING?

Despite Covid restrictions lifting, this is not the end of the challenges so many have faced. If you have been struggling with employment, debts, or worry and loneliness, please do get in contact. It is not too late to seek help. So don't delay and make contact and see what help is available for you and your family.

We suggest first point of contact for advice by email, phone or post on Mon, Tues, Thurs and Fri from 10 am – 2 pm alongside the new appointment service. Call us on 01728 832193 or Freephone 0808 278 7868. Or email: supervisor@leistoncab.cabnet.org.uk to make contact.

We have recently resumed our face-to-face appointments in Leiston. These **appointments must be pre-booked** by phoning 01728 642960 – the lines are open 10 am - 4 pm, Mon - Fri. To meet government guidelines, we have had to adapt the way we have traditionally worked.

We are restricted on numbers of people allowed in at any time so even with an appointment you may have to wait outside before you can enter. We thank you for your understanding while we reopen our offices and look forward to seeing our clients face-to-face once again.

Pondering Prayer

Staying Hopeful when God says No

During the pandemic hospital operations have been delayed. Booked appointments cancelled. You or someone you care for may be in pain or worse. How does that make you feel? Anxious, fearful, angry, impatient? But all you can do is wait. You pray. Nothing seems to change. Where is God in this situation? Prayers may become prayers of anguish but there is no apparent relief.

Some people, maybe you too, feel guilty about their feelings and perhaps think they are lacking in faith. Doubts creep in. It becomes like an affliction to them and even more doubts creep in. But always remember afflictions are not sins. C S Lewis writes, "Like all afflictions they are, if we can so take them, our share in the Passion of Christ". Gethsemane is the beginning of the Passion and is the time when we learn how often Jesus prayed. He was aware of all that was to happen but had that knowledge left Him before he prayed in Gethsemane? Why else did He pray that the cup might pass from Him if simultaneously He knew it would not?

The Passion story in the gospels takes us through some the elements of our own suffering. The prayer of anguish is not granted. Jesus turns to his friends who are asleep, just as ours sometimes are when we most need them, or busy or somewhere else. As a Jew he looks to the Jewish church for help and they turn against him. The Roman state perhaps they will see it all differently and things would change. But no. Crucifixion is what it had to be.

Despite what the gospels appear to say all prayer does not receive answers or if they are answered it is not necessarily what was requested or expected.

This is not a pondering, however, to blacken your day. We must always be aware that our Heavenly Father also knows the bigger picture. It is not about us as individuals but about the whole of creation, all of which he cares for continually. God did not withdraw from Jesus at Gethsemane. He was there suffering with Him and at the same time giving Jesus the strength to withstand all that was happening. In the same way, when things get tough for us and seem impossible to withstand, whether it be physical or mental pain or care for someone else's distress, God remains with us and with those we care for, suffering with them and giving the strength to carry on and work through the pain and anguish. He never leaves us.

Read the poem “Footsteps in the Sand” it beautifully explains where God/Jesus is when we reach our low points.

Heavenly Father, we thank you that you never leave us; open our hearts and minds when we are in pain, feel lost or broken so that we may know you are there with us and helping and strengthening us to accept or overcome our suffering: help us never to forget that you truly love us and will never leave our side.

Br. Christian

+++++



**Suffolk Churches
Ride and Stride**



Suffolk
Historic
Churches
Trust

**Saturday,
11 September 2021
9.00am - 5.00pm**

Local Organiser
from whom sponsorship
forms are available:

PAT CARTER
01728
831852

Visit shct.org.uk for more information.
You can also find us on Facebook and Twitter.
Sponsorship money raised will be divided between Suffolk Historic Churches Trust
and the church or chapel chosen by the participant.

Suffolk Historic Churches Trust Registered Charity No: 267047

AUGUST

I recently came across an old book "Guide to Leiston Abbey". It is a small paperback book, but quite interesting reading with a list of popes dating from 1182 to 1531 and a plan of the Abbey. Reverend E Girling was Rector at Leiston in July 1914; he instituted a solemn procession to the Abbey as part of the Patronal Festival at the Parish Church. At that time the Abbey nave was used as a cattle and horse pen. The large procession of people gathered there amongst the noise of chickens etc.



The Abbey was sold eventually to a lady who restored the Abbey back to a Religious House and Retreat. The lady could have been a Miss Wrightson, who also had a sister. My Granny (on my father's side) worked for these ladies and also as caretaker for the Abbey. She may also have been a carer for these two ladies as I have photos of her with the shoulder length Nurses headgear they wore then. Granny was widowed with six children to bring up and was given a barn to live in at the Abbey. I'm sure it was made liveable. Some of the older ones worked but Dad and his younger sister were still at school. A lovely place to grow up but very hard times - as I was told many times by my father. In time the barn was destroyed by fire is now rebuilt for Pro Corda Music.

An interesting book but too much to write about, so just a few memories. It's nice to think the Pro Corda School is keeping it well known with its music and events held there, including weddings – what a lovely setting.

A big THANK YOU for all your prayers. Bill is now home after eight weeks in hospital and so far doing quite nicely. Our prayers have been answered.

MARGARET CLARKE

BELLS! BELLS! BELLS!

On Wednesday 25 August a group of ringers organised by the Suffolk Guild of Bellringers will ring a peal on our church's magnificent bells starting at 9 45 am. This will take approximately three hours to complete.

AND MORE BELLS!

A hundred years ago St Margaret's, Leiston had a very strong team of bellringers. The team was also unique as in it were 8 brothers from one family, the Baileys. We know that many of them worked at Garrett Engineering, a major East Anglian agricultural engineering firm at the time, which was based in Leiston. The Bailey brothers were highly talented at ringing handbells, where each ringer rings two bells.

In the summer of 1921 six of the Bailey brothers rang a peal (5000 different changes) on handbells in Leiston church of a complex method named Stedman Cinques, a tremendous achievement which they never repeated, although one of them, Allen, moved to Manchester soon afterwards and rang more peals of Stedman Cinques in that area.

On Wednesday 1 September, 2021 some ringers are coming to Leiston to mark the centenary of the Bailey brothers' achievement and ring another peal of Stedman Cinques on handbells! We will ring in the Lady Chapel starting at about 10 am and our peal will take about 3 hours 10 minutes. Our ringers will come from Norwich, St Paul's Cathedral, Little Milton (Oxfordshire), Bosham (Sussex) and Bedford.

We look forward to our visit. Anyone who wishes to hear the ringing is welcome to come along and there will be people around who can answer questions. The ringers request **quiet** so that they can concentrate though!

John Loveless

NB The photograph on the magazine cover shows the eleven Bailey brothers at the main door of our church.

From left to right: Allen, Frederick, David, Leonard, Edgar, Herbert, Charles, James, Ernest, Norman, Wilfred.



TONY BROWN'S FUNERAL SERVICE

Established 1979

The Funeral Parlour, New Cut, Saxmundham, IP17 1EH

Tel: 01728 603108 • Email: tb.fs@virgin.net • Website: tonybrownsfuneralservices.co.uk

Floral tributes and memorials supplied • Pre-paid Funeral Plans available

Owners of the Greenwood Burial Ground, Farnham



Here for you
every hour
of every day

43 Sizewell Road,
Leiston
01728 885659

www.eastofoengland.coop/funerals



M.C.T. ELECTRICAL LTD.

Portable
Appliance
Testing
Sales and Repairs



- Domestic appliance, DIY & hardware sales



- FREE repair and re-test on portable appliance failures not requiring parts
- FREE local delivery and installation on major electrical appliances

194 High Street, Aldeburgh, Suffolk IP15 5AJ

Tel/Fax: 01728 454600 / 830626

Email: mctelectrical@btconnect.com

How can we help you?

We're here to help.
Whatever the problem.
Call in or phone...
For free and independent advice.

- Debt
- Employment
- Benefits
- Housing
- Relationships
- Consumer rights
- Utility bills
- Or anything else?

Check www.leistoncab.org for our opening times and outreach venues.

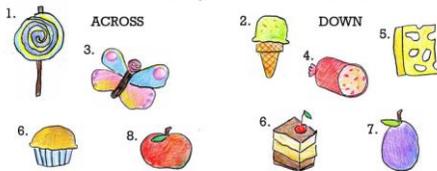
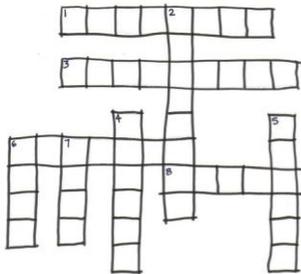
Or call us on 01728832193 or email:

supervisor@leistoncab.cabnet.org.uk to make contact.

citizens
advice

Leiston,
Saxmundham
& District

The Very Hungry Caterpillar Crossword Puzzle



WORD BANK
Cross these words off after you've used them.

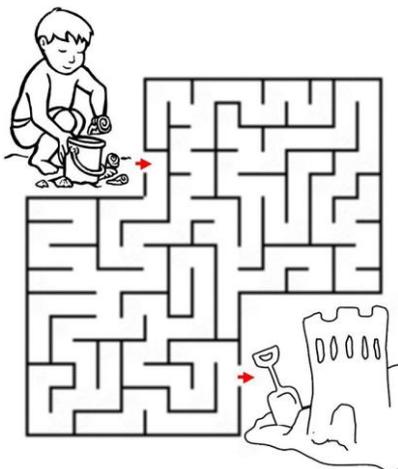
APPLE
BUTTERFLY
CAKE

CHEESE
CUPCAKE
ICE CREAM

LOLLIPOP
PLUM
SALAMI

Summer at the Beach Maze

Help the little boy find his sand castle.



THE HIDDEN BIBLE

Find 15 books of the Bible hidden in this text. I have given you the first answer as an example - now find the other 14!

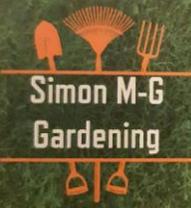
"Once I made some remarks about hidden books of the Bible. It was a lulu, kept some people looking so hard for facts and to others it was a revelation. Some were in a jam. Especially since the books were not capitalised. But the real truth came home to numbers of readers; to others it was a job. We want it to be a most fascinating few minutes for you; yes, there will be some easy ones to spot. Others might require judges to find them, and there will be loud lamentations when you see how easy it is. One little lady says if she brews tea she can concentrate better. See how well you compete. Relax now; here are fifteen in this paragraph.

- | | | | |
|----|------|-----|-----|
| 1. | Mark | 6. | 11. |
| 2. | | 7. | 12. |
| 3. | | 8. | 13. |
| 4. | | 9. | 14. |
| 5. | | 10. | 15. |

Thank you to Jean Franklin for submitting this quiz.

**When contacting any of the businesses advertised,
don't forget to mention you saw their advert in the
St. Margaret's Magazine!**

PLEASE NOTE Andrew Hawes no longer uses Mobile number 07521476294



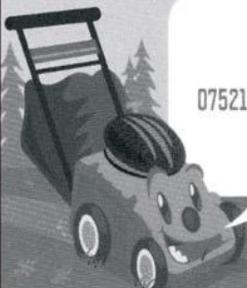
**Simon M-G
Gardening**

Professional Gardener

Jet Washing Available

Mobile 07816910707

simonmayhew78@gmail.com



ANDREW HAWES
GARDENING SERVICES

07521476294 / 07450747176
(01728) 831766

NO JOB TOO SMALL



**Want to
See Your
Advert Here!**

**Contact us for
further details**

Email:
stmargaretsleiston@gmail.com

CARLTON FOOTCARE

Sarah Shingfield Foot Health Practitioner MCFHP MAFHP

Offering Clinic visits or Home visits

Call Sarah on 07725215856

Has own clinic in Carlton, Saxmundham or happy to visit in client's home

Fully insured, DBS checked and registered member of

British Association of Foot Health Professionals



ST MARGARET'S CHURCH TOWER LIGHTS UP

During July the lighting of the Church Tower was sponsored on

20 July Remembering my dad (Ernest Roper) on his birthday. Love from Terri

20 July Happy 90th birthday, Hilary, from your friends at St Margaret's Church

**20 July Happy 21st birthday, Laura, with love from the Harle family xxx
Also remembering Joan, a dear mum and nannie, who left us 28 years ago today xxx**

31 July In remembrance of my beloved husband Peter on his birthday. Joan Whale

**If you would like to mark a special occasion by sponsoring the lighting of the Church Tower for a donation of £5 per day, please write the details in the diary provided in church, then place the completed payment envelope in the wall safe. Many thanks.*

*If you would like to arrange to light the tower during the lockdown period, please contact Sandra direct (contact details page 2)



ROLLATOR FOR SALE £25



Rollator with seat and basket. In good condition. If interested, please contact Angela Skelcher, 01728 830949



HAPPY 90TH BIRTHDAY HILARY



On Sunday 18th July Hilary Slaughter's family invited her friends from St Margaret's to join with them, other friends and neighbours to celebrate with them her 90th birthday in a party tent in her garden. Hilary was on good form and thoroughly enjoyed the occasion. I'm sure she enjoyed further celebrations on her actual birthday on Tuesday 20th July.

Hilary reminisced about a birthday celebrated much earlier in her life when she was teaching at a Primary School in Walthamstow. She went into her classroom one day finding "Happy birthday" written on the blackboard by her pupils. "How did they know it was her birthday?" she asked. She was told that she had lent one of them a book in which her father had written that it was given to her on her birthday and added the date.

Talk about schooldays led to talk about music in schools and singing using the radio and booklets with words and music in them with line drawings. I was able to tell her that I remembered being in my class at Leiston Primary School and the excitement of the radiogram being wheeled into the classroom on a trolley and using the same booklets, "Singing Together" and "Rhythm and Melody". A happy shared memory for us both, her, a teacher in Walthamstow and me, a pupil in Leiston – it's a small world.

THE CHILDREN'S SOCIETY

Dear Box Holder

August is the month during which I am asked by The Children's Society to count and deposit your kind donations. If you would like your box emptied, could you please let me have it as soon as possible, either at church and at my home address – 4 Lime Tree Avenue. I am also happy to collect if that would be easier for you – please ring me on 833578. Many thanks for your support.

Sandra Harle, Box Coordinator, St Margaret's Church, No. 794895

VISITING IN THE COTSWOLDS

I have recently spent a few days in the Cotswolds, visiting English Heritage sites and National Trust gardens. Visits to these had to be booked in advance so I was busy on the internet before I left Leiston. On the way to Evesham, where I had booked accommodation, I visited the Oxfordshire site of Deddington Castle where there is the extensive earthwork remains of an 11th century castle, associated with Odo, Bishop of Bayeux, half-brother of William the Conqueror.



On the next day my visit was to Hailes Abbey in Gloucestershire, one of medieval England's most renowned pilgrim shrines. The visit started in cloisters which act like a museum with illustrated panels about the founding of the Cistercian Abbey in 1246 by King John's son, Richard, the Earl of Cornwall. There are also large pieces of masonry which were discovered during excavations. All around the site there are panels which tell of how the monks lived and how they filled their hours. (3 hrs work, 2 hrs eating, 5 hrs sleeping, 3 hrs reading, 11hrs prayer). A bell was rung to regulate the monastic day. The monks usually had one main meal of bread, vegetables, beans and beer. On feast days they ate cheese or fish.

The Abbey's fortune was assured when Richard's son presented it with a phial of Christ's blood – for more than three hundred years this relic attracted thousands of pilgrims to the Abbey.



During the Dissolution of the monasteries much of the stone was taken for other buildings and so little remains of the Abbey apart from the footings. Opposite the Abbey is the parish church which is one hundred years older than the Abbey. It has medieval wall-paintings and floor tiles.

Next I visited Odd's chapel in Deerhurst. This rare Anglo-Saxon chapel has a larger nave and smaller chancel with double splayed windows. A dedication stone, found in 1675 near the chapel, records its building in 1056 by Odda, an Anglo-Saxon earl and kinsman of King Edward the Confessor to pray 'for the soul' of his brother Aelfric. The chapel's location was unknown until 1885 when the Revd George Butterworth discovered it incorporated within the adjoining sixteenth-century house, Abbot's Court.



The chapel comprises the stone building and the black and white part of the adjoining building. From inside it was easy to see where a floor had been across the building to make the upper floor when that part was used as a room.

From the chapel I went to the Priory Church of St Mary c800AD at Deerhurst, the first church I've ever seen with its own flood gate. The nearby river occasionally floods the area. Around the back of the church is the Deerhurst Angel.



This famous piece of Anglo-Saxon sculpture is found high on the south wall of the ruined apse. The details of the angel's head and wings are very similar to figures depicted in the Book of Cerne, a Mercurian manuscript of circa 830.



The finest Saxon font in existence today dates from the 9th century. Carved from a single block of limestone it was discarded in 1653 and amazingly rediscovered in 1843 on a farm, where it was being used as a drinking trough for livestock. The base was found at the Coalhouse Inn 26 years later and the two were reunited in the Baptistry.

More from the Cotswolds next month

Pat Carter

The following has been sent to me by Eileen Griffiths, a good friend of our church who has a home nearby. Psalm 23 was one of the readings set to be read in church on Sunday 18 July, the seventh Sunday in Trinity.

THOUGHTS ON THE 23RD PSALM

A PSALM OF DAVID

The Lord is my shepherd – THAT'S RELATIONSHIP!
I shall not want – THAT'S SUPPLY!

He makes me to lie down in green pastures – THAT'S REST!

He leads me beside quiet waters – THAT'S REFRESHMENT!
and He restores my soul – THAT'S HEALING!

He guides me in the paths of righteousness – THAT'S GUIDANCE!
for His name's sake – THAT'S PURPOSE!

Even though I walk through the darkest valley – THAT'S TESTING!
I will fear no evil – THAT'S PROTECTION!
for You are with me – THAT'S FAITHFULNESS!

Your rod and Your staff they comfort me – THAT'S DISCIPLINE!

You prepare a table before me in the presence of my enemies – THAT'S HOPE!

You anoint my head with oil – THAT'S CONSECRATION!
and my cup overflows – THAT'S ABUNDANCE!

Surely Your goodness and love will follow me all the days of my life – THAT'S BLESSING!

And I will dwell in the house of the Lord – THAT'S SECURITY!
Forever – THAT'S SECURITY!

Amen



ST PETER'S CHURCH, THEBERTON (IN THE CHURCHYARD) ANIMAL SERVICE 11 AM SUNDAY 8TH AUGUST Everyone welcome (with or without pets)!

ST. MARGARET'S CHURCH FAMILY

INTERCESSION PRAYERS FOR AUGUST 2021

Dear Friends

August's magazine continues to focus on monthly prayer time, with the St Margaret's Church family group for this month as shown below. There are three family groups with each one appearing in the magazine every three months. However, you remain in our thoughts and prayers always.

If you would like to be included in our family monthly prayers, or have any queries please email stmargaretsleiston@gmail.com. If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we will add you to our 'special prayers' section.

In our Church Family Prayers

Martin Phillips-Last	Stephen & Gail Southgate
Simon, Sheena, Tom & Matt Merrett	Naomi Kerans
Sheila Mackinnon, David & Midge Mackinnon	John & Sue Last
Phil, Sue, Joshua, Charlotte, Connie & Greg Watson	Helen Rivett
David & Cindy Fittsell	Judith & Mike Stigwood
Emma Fittsell	Maureen Fox
Paul, Alexander, Aidan, Cory & Amyleigh Fittsell	Wayne, Ben & Niamh Fox
Jonathan, Kathryn & Joshua Williams	Fi Long
Mike & Lesley Cassie	Allison King
Vi Matthews	Luke, Asha & Jai Mewett
Stephanie Luckhurst	Clare & Kane Hambridge
Joan Whale	Peter & Jenefer Roberts
Paul Espindola	Charles & Pauline Stride
Ann Essex	Steve, Christine & Nathan James
Mary Murphy	Derek & Sheila Stiff
Jo Tozer	Eileen Free
Sue, Dale, Ewan & Cameron Threadkell	Hannah, Stuart & Teddy Tilbrook
Joan, Philip, Ian & Susan Huxley	Lynn and Dave Blake, Gemma, Craig, Florence and Arthur

Special Prayers

Bill

St Margaret of Antioch



Parish Church of Leiston-cum-Sizewell
Church Road, Leiston, Suffolk IP16 4HG

NOTICE: Items for September's magazine

Please note that all articles, adverts etc. will need to be submitted to Pat Carter by **18 August** for inclusion in the September Magazine. Thank you.

Email: pm42carter@gmail.com

The Parish Magazine is available from St Margaret's Church. Delivery can be arranged.

Keep up to date with all Church Events
By visiting our own website

www.stmargaretschurchleiston.onesuffolk.net

How to Find Us

