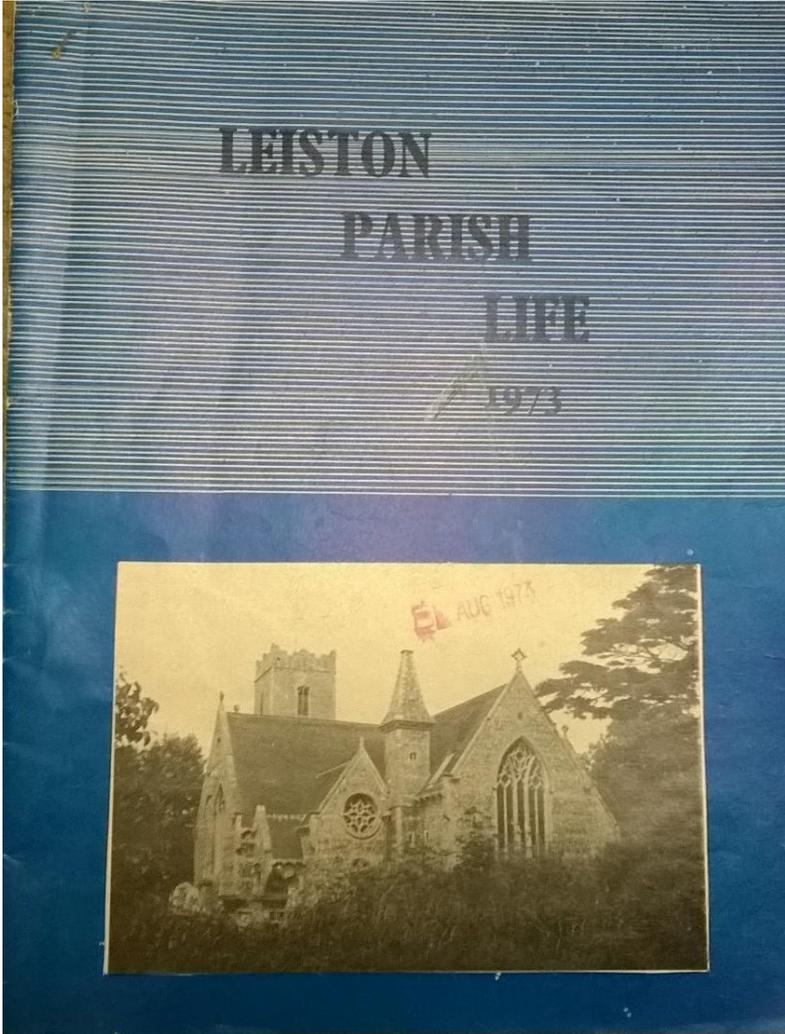


ST MARGARET'S

Parish Church for Leiston-cum-Sizewell



JULY 2020

£1

FOUND DURING LOCKDOWN

I'm sure I'm not the only one who has been going through the odd box of stored items during our enforced time confined to our homes. I came across an old Church magazine and, at first, couldn't understand why the magazine for August 1973 had been saved. A quick look through the pages revealed that on 2 June 1973 Frederick John Carter and Patricia May Chambers had been married at St Margaret's. Now I understood why this magazine had been saved and treasured.

Interesting to note all the bushes and vegetation which were then growing along the wall. Also interesting to read that the Vicarage Garden Party had taken place on Saturday 23 June (including pony rides!) and had raised £213 61 and that the Institution of the Reverend Canon Measures was to take place on Thursday 16 August.

CONTACT US

Priest in Charge: Reverend Richard Finch: T.830421

The Vicarage, Church Road, Leiston E.vicarleiston@gmail.com

Associate Priest: Reverend Morag Finch

Reader: Mr Bernard Smith: 3 Daneway Gardens, Leiston T.830105

Lay Elders:

Mrs Pat Carter, 42 Haylings Road, Leiston T.831852

Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

Church Wardens:

Mrs Pat Carter: 42 Haylings Road, Leiston T.831852

One Vacancy

PCC Treasurer: Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

PCC Secretary: Mrs Pat Carter, 42 Haylings Road, Leiston T.831852

'JAM' (Jesus & Me) Sunday School Leader: Mrs Sandra Ellis T.832168

Organist & Choir Master: Mr Matthew Merrett

Deanery Synod Representatives:

Two Vacancies

Resident Retired Priests:

Reverend Richard Ellis: 9 Kings Road, Leiston T.832168

Reverend Pauline Florance: 1 Woodlands, Leiston T.768124

Reverend Jim Florance: 1 Woodlands, Leiston T.768124

Website Editor: Mrs Maureen Fox T.830929

Magazine Editor: Mrs Pat Carter T.831852 **Email:** pm42carter@gmail.com

One small step ...

I write these thoughts in mid-June; I state that because things will probably change in the next two or three weeks and my reflections will be overtaken by events.

Life has been very slow for many over the last three months, especially if you have been shielding with not much happening in your close surroundings. Others have been frenetic, trying to keep up with ever changing guidelines, doing extra work, coping with the emotional and physical demands of people in need.

The other week people who oversee places of worship experienced that uncertainty and frustration as firstly a government minister announced on 7th June that places of worship could open for private prayer on 15th June and that guidelines would follow shortly, then the Prime Minister announced on the 10th June that places of worship would open on 13th June and eventually the guidelines were published on 12th June. As you can imagine it was frustrating. After consultation our PCC agreed that, in order to follow the guidelines and after cleaning the church, we would offer our church for private prayer by appointment (just give me a telephone call to arrange a date and time if you would like to pray in the church building).

I have been told that schools during the last three months have had about 120 sets of guidelines or updated guidelines from government officials which often needed to be enacted by the following day.

So, my reflection is ... bear with organisations as they interpret and enact guidelines, sometimes it will take time. As for the church we have been given one small step that we have taken and the indications are that it will be a series of small steps over the coming months.

During this pandemic I have found that I need to be aware of my emotions. At the beginning of the pandemic I was energized,

responding to the crisis but later I was frustrated, getting angry at events over which I had no control, and then anxious about interacting with a world that had changed. This is very normal and is well known amongst those who deal with traumatic incidents and those whose manage crisis situations.

I have tried to review my feelings and actions so that I can keep healthy and be effective in what I am able to do and hopefully help others to do the same. I still get angry, frustrated or feel helpless but am more aware of those emotions and of how when to turn them into constructive action or when to let them rest.

When I reflect on the life of Jesus Christ, as recorded by the Gospel writers, I am aware of many times of frustrations at those in authority, exasperation at those who didn't understand Jesus' actions but also the many times when Jesus goes away and prays and then returns to continue his work. We all need to be aware of what drives us and gives us motivation, whatever our personal situation. May they be guided by the example that God gives us in the love of Christ.

Amen.

Rev Richard Finch

+++++

Pondering Prayer

Last month we looked at the first stanza of the Lord's prayer and how we could use that to help us to pray our heavenly Father for the coming of His Kingdom here on earth. Have you ever considered that the kingdom is achievable by humankind. We just need to learn to love each other and for governments and leaders of countries and companies to work for the benefit of all, and not just to increase their personal wealth or importance. It is all about everyone learning to share so everyone has real freedom in their lives and poverty and hunger become a thing of the past. For that to happen I suppose we actually need to pray for the love of God to enter the hearts of all people everywhere.

The next stanza of the prayer, "Give us this day our daily bread," continues the theme of love and consideration for all. "Give us" not give me or just give my friends or my fellow

Christians, but Give Us, give everyone. But what is meant by 'daily bread'? Two important words. Daily = for today. Not for tomorrow, just for today. It teaches us to not take any thought for tomorrow – tomorrow can look after itself. We depend on God one day at a time. There is a saying I believe that "today has enough troubles of its own" so when we pray in our private prayer it is one day at a time.

It is asking God's help for our daily needs, being able to cope with what life may throw at us – and that is more difficult for some than for others – but God is a loving Father and if we truly give him the chance he will see us through our difficulties. It may not happen at once or in the same day, but he will be walking beside us and guiding us through if we don't shut him out.

Bread, yes we need food to eat, but what did Jesus mean when he said "I am the bread of life." He didn't mean that we could eat him. (This is not the time to discuss the eucharistic service and how Jesus is in the bread and wine). The bread of life is to take Jesus into our hearts and thinking. What would Jesus have done in such and such a situation? Helping us to be more like him in what we think and in what we do.

John Wesley wrote about daily bread as, "Take no thought for the morrow. For this very end has our wise creator divided life into these little portions of time, so clearly separated from each other, that we might look on everyday as a fresh gift of God, another life, with which we are to see nothing but eternity."

We go back to "give us". Give it to us. Not me only but to others – to all in fact. That teaches us charity and compassion for others and particularly the poor and needy. It also suggests we ought to pray with our families – we eat together, ought we not also pray together? Another quote I discovered many years ago – "A family that prays together stays together."

For morning prayer:

Heavenly Father, thank you for bringing us to another day. Help us through this day to do all things according to your Will. Help us to treat all whom we meet as Jesus would have treated them, with love in our hearts. Help us through the various chores that need to be done and not to put off until tomorrow that which we can do today. Whatever we do Father give us the will and ability to show the love of your Son Jesus Christ in our work and in our play, that your light may shine through us to all we meet or speak to today. Amen

Br.Christian

JULY

I know VE Day was celebrated in May, but time is all over the place at the moment. The weather was perfect and would have been ideal for all the arranged functions. Out came the flags, bunting and decorations, people made an effort to enjoy and make the most of the day, so nice to see the red, white and blue everywhere.

People made the most of things by sitting outside in their gardens, picnicking in their front gardens, waving to neighbours and in some cases music being played. At Stowmarket, where our son and his family live, neighbours sat outside with glasses of wine or cups of tea. Their road is a small dead end and a man called Steve and his wife live down a lane at the back. He got on his vintage tractor, his wife on the back dressed as a land girl sitting on bales of straw. They drove round the Close, at the bungalows where the older people live they stopped. They played all the war time songs; everyone joined in the singing. I think it was lovely for the younger generation to join in. The older ones are well looked after by the younger ones. My daughter in Somerset knows this couple in their 80's and she said that on VE night at 9 o'clock all the blackout came down and lights were seen in the streets again after seven years. I'd never heard this so I rang my friend Doris (Harvey) she said she wouldn't know as on VE night she was with her sister Joan in the middle of all the celebrations in London singing, dancing, having a wonderful time and gave a chuckle, it must have been a wonderful atmosphere.



The flypast with the Red Arrows over London with the vapours of red, white and blue was a wonderful sight. We finished off our day with my sister-in-law getting us Fish and Chips as the fish shop had recently opened again. We enjoyed our VE Day, for one day just to get away from worries and this terrible virus.

Margaret Clarke



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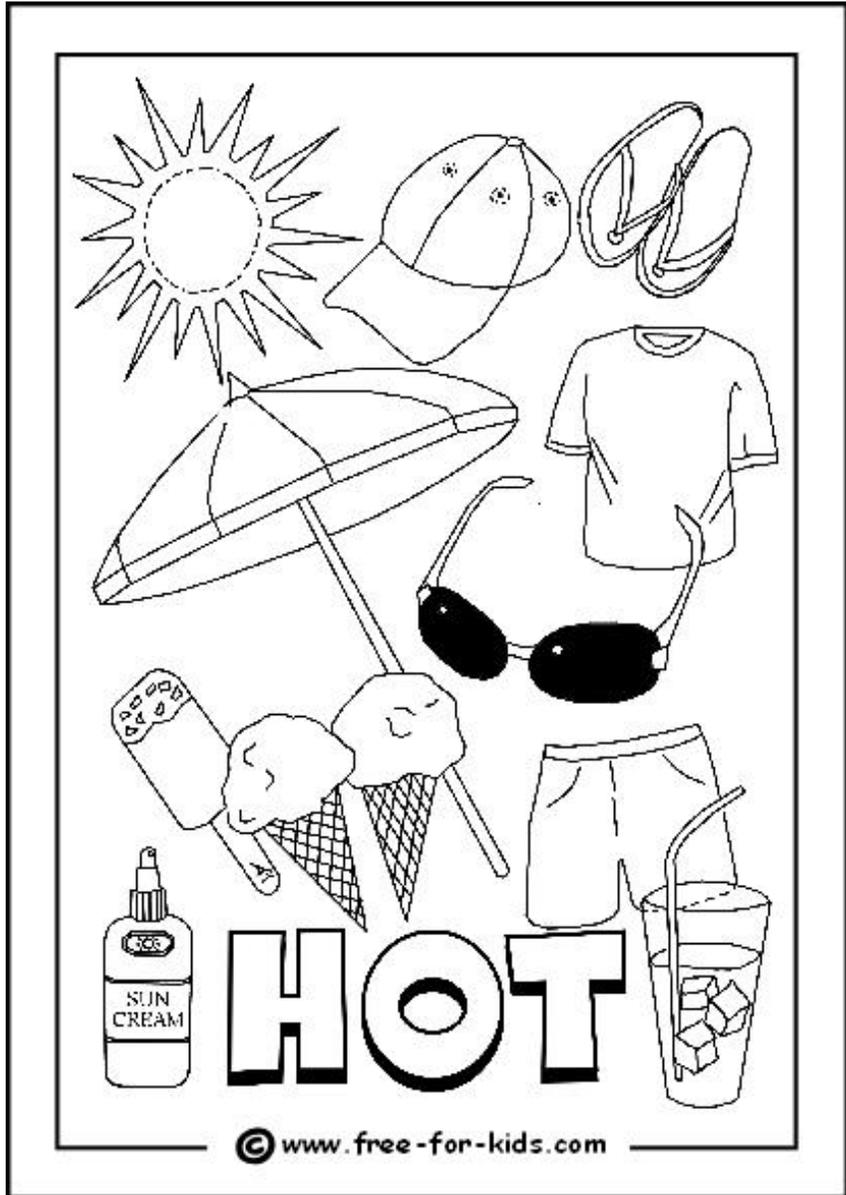
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Kids Zone

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A summery page for you to colour



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MORE WORK FOR THE LITTLE GREY CELLS!

1 Sparrows, Robins and Thrushes split into groups

B O A F F T

Answer: Birds of a feather flock together

2 Pass the shower gel Lord

C I N T G

3 Long enough to do Pierrepont out of a job

G S E R A T W H T

4 The idiot has lost his wallet again

A F A H M A E P

5 You can't tell just by looking at it

D J A B B I C

6 Big heads come to the same conclusion

G M T A

7 You can live in the chest

H I W T H I

8 Pub to spend an penny in and one to spend much more

I F A P I F A P

9 In this unseeing place, Nelson rules ok

I N L O T B, T O E M I K

10 Do a twirl, then do it again – well done!

O G T D A

11 The beetle wearing the wig looks cosy

A S A A B I A R

12 The boy's ruined 'cos he didn't have his fishing gear

S T R A S T C

13 The lions make an appearance prior to the Autumn

P C B A F

14 You won't get upset if you wear a blindfold

W T E D S T H D G O

15 The blood sinks to the bottom of the well

B I T T W

16 Start collecting here

C B A H

**When contacting any of the businesses advertised,
don't forget to mention you saw their advert in the
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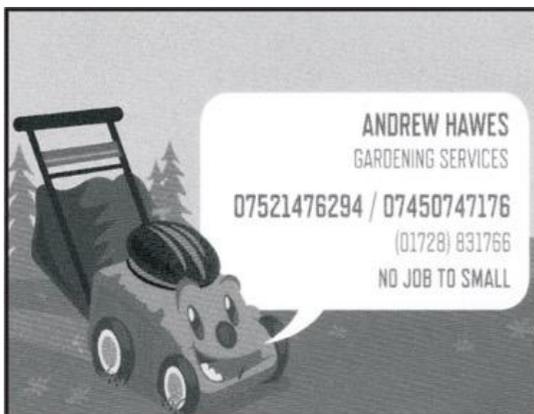
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TO ALL READERS

There is an intention to produce a magazine each month but that cannot happen without some input from YOU. Do you have a funny story or a good recipe you would like to share, perhaps an interesting place you have visited. If so, please send it to me, contact details on page 2

Extract from my journal 11th June 2020

“We are all flawed in some way!

From copying a colleagues homework at school to stealing sweets from Woolworths when 5 years old or something far worse like murder orracism!

At the moment this country is being scrutinised. National ‘heroes’ with whom generations grew up are being pilloried because of their connection with the slave trade. Statues are being torn down or ‘graffittied’. Even Horatio Nelson and James Cook are being ‘questioned’. Francis Drake too and now Lord Baden Powell founder of the Boy Scout movement.

In America George Washington and Thomas Jefferson are in trouble for their ownership of slaves. Will their monuments be removed to museums and Washington DC be renamed ‘Trumpsville’?

Yet we are all flawed. Yet, surely the way to progress is to recognise this and seek ways in which we can move forward from this point.

The double ‘whammy’ of Covid 19 and the BLM (Black Lives Matter) movement are concentrating the mind at the moment. I pray for reconciliation and understanding as Nelson Mandela did when he became president of South Africa.

We cannot change the past. These events happened and are part world history. We can learn from it, though.

We do not need/want to glorify slave traders but unfortunately so much of the money made from the trade was used to finance institutions that are today a force for good and that support a whole load of worthy causes. We have all benefitted in some way from this, except the enslaved themselves.

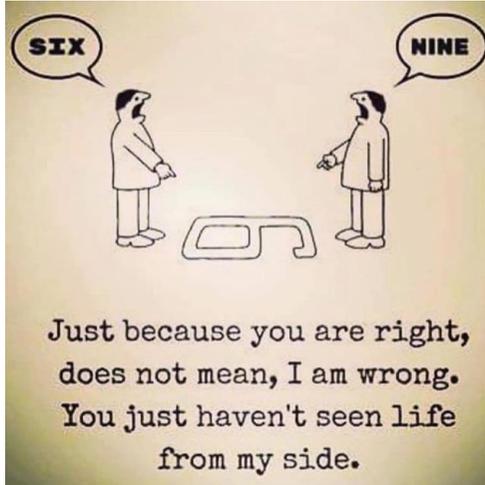
So what do we do? Feel incredibly guilty for our part in the crime or move forward from here determined we will make a change?

This is an incredibly complex question. What would the world be like today if the (African) slave trade had not existed? If Africans had never reached

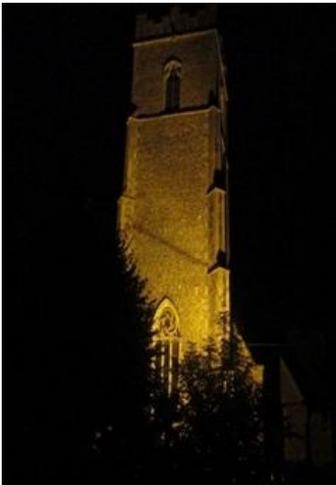
America or Great Britain? “

Just a few spontaneous thoughts that I recorded in my journal as the news reports were broadcast. There are a great many evils in this world engendered by prejudice and hatred and by through education a lack of understanding. Black Vs White is merely the tip of the ‘iceberg’.

Vaughan



ST MARGARET'S CHURCH TOWER LIGHTS UP



During June the lighting of the Church Tower was sponsored on:

20 June Estelle Chambers and Vic Gossage married at St Margaret's 20 June 1970. Congratulations on 50 Golden Years together. Love sister Pat and family xxx

And for July

31 July Remembering my beloved husband Peter on his birthday Love Joan

**If you would like to mark a special occasion by sponsoring the lighting of the Church Tower for a donation of £5 per day, please write the details in the diary provided in church, then place the completed payment envelope in the wall safe.*

Many thanks. *If you would like to arrange to light the tower during the lockdown period, please contact Sandra Harle (contact details page 2)

FACE MASKS

I have received the following from Wendy Jobson –

Following the recent Downing Street briefing advice, about the use of face covering, I have decided to make face masks, including children's from age 3, to sell in aid of Knodishall Methodist Church funds. I have made several already which have proved very popular as some are made with novelty fabric like spider man, liquorice allsorts whereas others are more sensible!!!! The masks are lined with a pocket to place a filter if desired and also have a channel into which a plastic or rubber coated wire is placed so that it is possible to get a better seal over the nose and across the cheeks. They are held in place with elastic behind the ears and come with a crochet extension band that can be used if the mask is to be worn for any length of time. The extension band has a button each end and the elastic is placed over the button instead of behind the ears. I thought I would charge £5 if they are collected from our porch (24 King George's Avenue) or £6 if they have to be posted. If you know anyone who would like me to make them one please could you ask them to email me so that I can send them photos of the fabric for them to choose.

Wendy's email address is wendy@jobson.ws. Her telephone number is 831100. She has also made several bottles of elder flower cordial to sell for the church funds at £1.50 for 180ml bottle. She is happy for people to put the money in an envelope through their door and she will put the bottle in the porch on a box.



ST. MARGARET'S CHURCH FAMILY

INTERCESSION PRAYERS FOR JULY 2020

Dear Friends

July's magazine continues to focus on monthly prayer time, with the St Margaret's Church family group for this month as shown below. There are three family groups with each one appearing in the magazine every three months. However, you remain in our thoughts and prayers always.

If you would like to be included in our family monthly prayers, or have any queries please email stmargaretsleiston@gmail.com. If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we will add you to our 'special prayers' section.

In our Church Family Prayers

Jim & Pauline Florance	Roy Hubbard
Bernard & Patsy Smith	Shirley Newman
Joe Diegnan	Matthew, Vanessa, Alex, Kierah & Sasha Newman
Pat, Neil, Lucy, Craig & Ryan Carter	Kathryn, Mark, Ian & Stuart Langley
Daryl, Helen & Chloe Cartley	Adrian & Jackie Shotter
John and Joy Kemp	Stephanie, Craig, Isla & Edie Shotter
Mary Joel	Kim, Dan & Indi Rose Keeble
Kate Kersey	Jan Snowden
Peter Downey	Nicola, Jon, Toby, & Robert Kerridge
Donna Button	Josie, Steven, Olivia & Maisie Snowden
Billy & Margaret Clarke	Derek & Barbara Cole
Lesley Martin	June Linsell
Julie, Ellie & Charlie Howard	Hilda Woodhead
Kay, Trevor & Grace Nash	Pat & John Swatton
Anthony & Sue Hawkes	Debbie, Samantha & Matthew Vettesse
Hilary & Richard Slaughter	Kay Curtis
Toby, Sharon, Emma & Sophie Slaughter	Colin, Lucy, Freya, Lola & Leeam Curtis
Jill Staff	Nicola, Matthew, Callum & Jamie Smy
Glyn & June Clarke	David, Lisa, Isle & Neave Curtis
Robin & Mary Cornish	Elaine & Jon Ellis
Gladys Stannard	Norman Chapman
Trevor & Thelma Hawkins	Eamonn, Cathy & Ursula Harvey
Kirsty Stowe	Helen Thackeray
Rodney Avis	

BOOKS – ANSWERS

1	Pride and Prejudice	Jane Austen
2	Rebecca	Daphne du Maurier
3	The Man in the Iron Mask	Alexandre Dumas
4	Barchester Chronicles	Anthony Trollope
5	The Girl With The Dragon Tattoo	Stieg Larsson
6	Gone Girl	Gillian Flynn
7	Birdsong	Sebastian Faulks
8	The Woman in Black	Susan Hill
9	Tomland	CJ Sansom
10	Chocolat	Joanne Harris
11	The Great Gatsby	Scott Fitzgerald
12	The Hound of The Baskervilles	Arthur Conan Doyle
13	Memories of A Geisha	Arthur Golden
14	An Unsuitable Job For a Woman	PD James
15	One Flew Over the Cuckoo's Nest	Ken Kesey
16	The No 1 Ladies Detective Agency	Alexander McCall Smith
17	The French Lieutenant's Woman	John Fowles

QUIZ TO GET THE LITTLE GREY CELLS WORKING - Answers

- 2 A Watched Pot Never Boils
- 3 A Bad Workman Blames His Tools
- 4 An Englishman's Home Is His Castle
- 5 All Good Things Come To Those Who Wait
- 6 An Apple A Day Keeps The Doctor Away
- 7 It's Always Darker Before The Dawn
- 8 It Takes All Sorts To Make A World
- 9 Fools Rush In Where Angels Fear To Tread
- 10 Bad News Travels Fast
- 11 Beauty Is In The Eye Of The Beholder
- 12 Absence Makes The Heart Grow Fonder
- 13 Actions Speak Louder Than Words
- 14 You Can't Teach An Old Dog New Tricks
- 15 A Change Is As Good As A Rest

St Margaret of Antioch



Parish Church of Leiston-cum-Sizewell
Church Road, Leiston, Suffolk IP16 4HG

NOTICE: Items for July's magazine

Please note that all articles, adverts etc. will need to be submitted to Pat Carter by **18 July** for inclusion in the August Magazine. Thank you.

Email: pm42carter@gmail.com

The Parish Magazine is available from St Margaret's Church. Delivery can be arranged.

Keep up to date with all Church Events
By visiting our own website

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