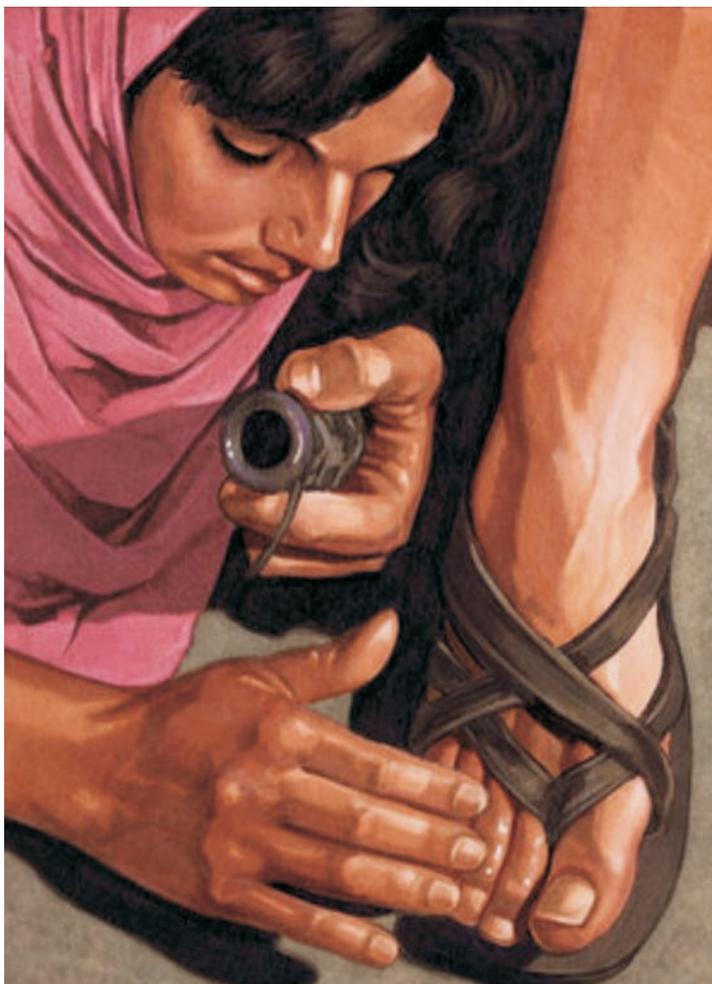


ST. MARGARET'S

PARISH CHURCH FOR LEISTON-WITH-SIZEWELL



THE FEAST DAY OF SAINT MARY MAGDALENE CELEBRATED ON 22ND JULY

July 2014

30p

CHURCH SERVICES

FIRST SUNDAY of THE MONTH

9.00 Holy COMMUNION SERVICE

A Traditional Service using Common Worship

10.30 FAMILY PRAISE & WORSHIP SERVICE

An Informal Service Praising the Lord

Baptisms are usually within this service

If you are considering a baptism please contact us to discuss this further.

FOURTH SUNDAY of THE MONTH

10.00 SUNG EUCHARIST SERVICE AND SUNDAY SCHOOL

6.30 COMMUNITY HEALING SERVICE

Listen to the healing word of God through Prayer

All OTHER SUNDAYS

10.00 SUNG EUCHARIST SERVICE AND SUNDAY SCHOOL

THURSDAY mid-WEEK Holy COMMUNION

11.00 Holy COMMUNION SERVICE

CONTACT Us

Priest in Charge: Reverend Martin Phillips-Last:

The Vicarage, Church Rd. T. 561149 E. rev.phillips-last@sky.com

Curate: Reverend Richard Ellis: 9 King's Rd. T. 832168

Reader: Mr Bernard Smith: 3 Daneway Gardens. T. 830105

Church Warden: Mrs Shirley Newman: 3 Redhouse Lane. T. 832446

Church Warden: Mrs Pat Carter: 42 Haylings Road. T. 831852

PCC Treasurer: Miss Betty Harland: 6 Eastward House. T. 832115

PCC Secretary: Mrs Pat Carter: 42 Haylings Road. T. 831852

Sunday School: Mrs Sandra Harle: T. 833578

Organist & Choirmaster: Mr Jonathan Williams: T. 603936

Website & Magazine Editor: Mrs Kathryn Williams:

T. 603936 E. stmargaretsleiston@gmail.com

Deanery Synod Representative: Miss Rosemary Gale: 7 High Green. T. 832105

Deanery Synod Representative: Mrs Shirley Newman: 3 Redhouse Lane. T. 832446



THE REVEREND'S RAMBLINGS

God INTRODUCES US TO God!

'Thank you God, for bringing me from yesterday to the beginning of today.'

A simple prayer whispered every morning as my eyes adjust to the light of another new day, and my heart awakes to the grace that has brought me safely to another day.

From the rising of the sun to the clouds of tiny flies that hover and dance in the rays of the setting sun, all of creation (including us) is dependant on God's continuing grace. We arise by the grace of God and in the grace of God's presence we go about our business. At the beginning of each new day, at the beginning of each new experience to come, wherever we go, whoever we meet, whatever we do, God is waiting to introduce us to the gracious presence of God.

As we go about our daily activities, whether very exciting or even very dull, the loving presence of God's is with us. The post person popping letters through your letter box is as much in the presence of God with their parcels and letters, as they would be surrounded by hymn books and notice sheets in church.

A parent bowing down to kiss a child as they go off to school, is bowing down before God as they would be in prayer at church. Someone rushing off to work can rejoice as much in God's presence on the bus, as they can in the sacraments at church. God is not divided into places of sacred and secular.

During ascension we remembered how Jesus' followers felt alone as Jesus was taken into the heavenly realms, but with the arrival of Pentecost they were soon introduced to the God among them and within them, present in all they did, and in all we do today.

The challenge is not to put Jesus in boxes labelled sacred or secular. No person, no place or situation is outside his presence. The amazing thing is that God is where you are at this very moment. Into him, Father, Son and Holy Spirit we are interwoven like a wonderful tapestry which tells the story of your life, and how God is a part of it.

Never believe for a moment that the world or humankind has lost the presence of God. The glory may seem tarnished slightly now and again, but he is there waiting to introduce himself to us, as we make space in the busyness of the day to discover the depth and beauty of God's presence in all things. The question is, how do we respond? Maybe we simply whisper 'Thank you God, for bringing me from yesterday to the beginning of today.'

The grace of God awaits and through it may you allow God to introduce you to God.

Many blessings,

Martin

The Reverend Martin Phillips-Last

HAMPER RAFFLE

Many thanks indeed to all who supported the Hamper Raffle which took place in the Leiston Co-op Supermarket on Saturday 14th June. Thanks to everyone who donated food and drink items (we had enough to make up four prizes), to all those who manned the table and to all those who came along to buy tickets. A total of £232.61 was raised for church funds.

As well as the raffle, the selling of our cookbook and advertising our Summer Fete, it was a great opportunity for Martin to chat to all the shoppers who kindly stopped by our stall.

We would also like to thank the East of England Co-op for their support, not only for allowing us to have a table in their store but also for kindly donating a box of various chocolate items as an additional prize.

Sandra Harle

CANCER RESEARCH CAMPAIGN - 19TH July

Just a quick reminder that a street collection is being held outside Leiston Co-op to raise funds for the Campaign on **Saturday 19th July**. I've been asked by the local organiser to help to organise the collection which will be from **9am - 3pm**. Are you able to help for an hour, or even half an hour? If so, please contact me.

Pat Carter, 42 Haylings Road, Leiston Tel. 831852

THE CHILDREN'S SOCIETY

Thanks to the hard work of our stalwart committee and the generosity of our loyal supporters and visitors, we are delighted to report that we raised £641.39 for The Children's Society at our coffee morning held on 30th May at Thorpeness Dolphin.

As ever, we are grateful to David for the use of his restaurant for the venue, staff to clear up after us and for providing an endless supply of excellent hot beverages - all for free!

Many thanks to everyone who supported us.

Lorraine Lloyd (On behalf of The Children's Society)

ST. MARGARET of ANTIOCH

SAINTS DAY - CELEBRATED ON 20TH JULY



St. Margaret of Antioch was born and lived in the 3rd & 4th Centuries. Shortly after her birth her mother died and she was briefly raised by her father and Christian nurse. At the age of 10 she pledged herself wholly to Christ, to the disobedience of her father who subsequently disowned her. She was instead raised in Antioch, now modern day Turkey, by her Christian nurse. Whilst living there Olybrius, the Governor of the Roman Diocese of the East, requested her hand in marriage but at the renunciation of her Christianity. Upon her refusal she was cruelly tortured, during which various miraculous incidents occurred. She was still sadly sentenced to death, by the Governor in 304 AD, at the young age of 15.

She is remembered in the Christian Church as the *'Virgin of the Church and a martyr for her Faith'*, and we celebrate her Saints day in the Anglican Church on the 20th July.

CHRISTIAN Fellowship

Hello all,

It is amazing to think that we have reached the final week of FAC Asso activities!

God has been SO faithful during every week of our ministry, and our final week was no exception: we were able to finalise the plans for our final event, hold a faithful Bible study and teach a well-attended English lesson.

Our End of Year Party was on the 23rd June. Please thank God for making this a great success, and pray for the on-going results of this party; that every participant of FAC would feel accepted, loved and appreciated, and that through this they would see and choose to accept God's love for them. We pray that the witness achieved through this 'family' would continue to bare fruit in the lives of those who have been involved.

Thank God for my final week in Bordeaux and personal meet-ups with friends; for those opportunities to be used to their full potential, and pray that this wouldn't mean the end for many friendships which have been truly blessed and a blessing!

Pray that my witness would be able to continue even after leaving Bordeaux.

Thank you all again for continuing to pray for me and Grace, the work and the students.

With Christian love,

Emily

Emily Harle

Hello everyone,

I'm very sad to say that this is my final prayer letter for the year; I left Bordeaux on the 31st May and have arrived safely back in the UK.

Thank you so much for your wonderful support throughout this year, for your continued prayer and your encouraging messages. I really am so grateful that you upheld and furthered the work in prayer and personally enabled me to carry on.

My time in both Bilbao and Bordeaux was a huge privilege thanks to seeing God's work amongst His people and bringing others to Himself. Many of our prayers were answered as Christians grew in their faith and non-Christians took a greater interest in knowing Jesus. Please continue to pray for the work of the CU in Bilbao and those that FAC has reached this year. We pray that the work may still continue to bare fruit and that God's kingdom would continue to grow to His glory! Thank you once again for your commitment this year!

With love in Christ,

Emily

Emily Harle

D-Day

Watching the TV coverage of the D-Day Landings, I thought of all the young men & women who were willing to fight for their country. The horror and sights of the injured and dying, of losing friends who never came home must have been horrendous; they had never seen anything like it before. Now all in their 80's and 90's, that same pride and determination is still with them. It must have been a big effort to make the journey to Normandy and some in wheelchairs needing extra help, but that fighting spirit was still there; even that man walking out of his care home determined to be on the beach. They wore their medals with pride and even now still think of the mates they lost. They were a wonderful generation and when I look at my grandson who is the same age as these men were when they went to war, I can imagine them going through such horror, but through their courage I'm able to enjoy my grandchildren. God Bless YOU ALL.

Margaret Clarke

HOME-COOKING - COUNTRY BUTTERTARTS

Ingredients:

12 Frozen pastry tart shells (large) or your own pastry	1 Tablespoon Lemon Juice
2 Beaten eggs	1 Tablespoon Lemon Zest
9 ozs Soft Brown Sugar	2 ozs Sultanas
2 ozs Melted Butter	2 ozs Pecan Nuts
	2 ½ Teaspoons Plain Flour

Method:

Preheat the oven to 400°F / 200°C

Place the tart shells on a baking tray.

Place the sultanas & pecans into the shells (a few in each shell)

In a large bowl, beat together the eggs, sugar, butter, lemon juice, lemon zest & flour.

Carefully spoon the mixture into each tart shell.

Bake at 400°F / 200°C for 10 mins, then reduce to 350°F / 175°C for a further 15 mins.

Leave to cool on a wire rack, then store in an airtight container.

Note: Also freezes very well.

Hilda Woodhead

Bible Society Action Group

On 7th June the Group shared in a coffee morning, in conjunction with Leiston United Church, with the United Church raising funds for selling their usual Saturday morning tea & coffee. The Group had bric-a-brac, books, plants, cakes & marmalade for sale. A very worthwhile total of £71.05 was received and has been sent to the Bible Society. Martin also attended the coffee morning and had an enjoyable morning meeting the people of Leiston who came for refreshments.

In addition the family who bought one of the cakes, a mincemeat cake, enjoyed it so much that they wanted the recipe. They were persuaded to buy a copy of St. Margaret's Centenary Cookbook as the recipe is in that. So a benefit to the Bible Society and also to St. Margaret's! The Group are having an information stall, shared with Christian Aid, in the Sixth Form Centre grounds at the First World War Commemoration Day on Saturday 19th July.

Pat Carter

Biblical Botanicals

In biblical times, plants were often used as symbols: The prophets of the Old Testament and Jesus in the New Testament used trees, vines, fruit and herbs to represent God's goodness, his wrath and his mercy.

Now the summer is upon us what better way to celebrate God's wonderful world than with a spot of gardening. Whether planting up a window box or pottering in the garden why not have a bit of fun and create a biblical garden. A biblical garden is any garden that includes some plants which are mentioned in the Bible. More than 125 plants, trees and herbs are noted in scriptures. It's easy, just see what plants take your fancy from this list of just some of the plants which appear in the Bible, or visit the websites listed for other ideas. Then sit back and relax in your new little oasis haven.



For more biblical gardening ideas visit the following websites:

<https://www.biblicalgardens.com>

http://en.wikipedia.org/wiki/List_of_plants_in_the_Bible

Royal Appointment

Last year I celebrated 40 years of service in the Suffolk Fire and Rescue Service. To mark the occasion, I was awarded with a Certificate of Appreciation at the Fire Service annual awards ceremony and also nominated for a Stars of Suffolk award. Fortunately, I am very pleased to say I did not win the Stars of Suffolk award in my category as it went to a far more deserving case of a fire fighter, whilst off duty saving a child's life from the sea. I therefore thought that was the end of the celebrations, so I was pleasantly surprised and honoured to receive an invitation along with Sue from The Lord Chamberlain to attend the Queen's Garden Party at Buckingham Palace. So on 21st May, Sue and I, both with new hats, attended the event in London. What a lovely occasion that was, to be able to enjoy the wonderful gardens at the Palace on a warm and sunny afternoon. The lawns were splendid, the lake very scenic and the flower beds and Rhododendrons magnificent. The tea, sandwiches, cakes and ice cream, of course went down a treat. The military bands played throughout the afternoon on the lawn. The guests included overseas visitors, dignitaries, celebrities such as Rick Wakeman and military personnel. The Queen, Prince Philip, Prince and Princess Michael of Kent and Princess Beatrice were all present and it is possible other members of the Royal family were there too. When it came for us to leave the garden party at the end of a most enjoyable afternoon, we were able to go via the ground floor of the Palace, giving us the rare opportunity and time to take in the interior of the building, leaving by the courtyards and front door, passing the guards on sentry duty and through the front gates. What a wonderful day, one I am sure Sue and I will always remember.



John Last

St. Margaret's Church Choir

Singing together is not only an uplifting and joyful experience, it's also good for you and fun!

Is it time for you to rediscover your musical talent, or to try something new in service to our Lord Jesus Christ?

Do you feel that you could offer your vocal gift to enhance the worship at St. Margaret's by joining the Choir?



As someone who is passionate about building upon our strong musical tradition, I would love to hear from you.

We are a friendly, welcoming and enthusiastic choir who rejoice in serving our church and its wider community through the power of music.

Jonathan Williams
Organist & Choirmaster

Rehearsal each Thursday in Church: 6pm - 7pm

We look forward to welcoming you there!

The Royal British Legion

LEISTON BRANCH (ALDEBURGH SUB-BRANCH)

The RAF Shades of Blue Big Band Concert was a great success and raised £614 each for the Poppy Appeal and for the Band – Leiston Branch. On 6 June we held the annual Poppy Collectors Social Evening at Leiston Community Centre. The profit from the Raffle of £89 has been donated to the Poppy Appeal. To date £8816.73 has been raised for the Poppy Appeal. We sincerely thank all our helpers and supporters.

Members attended the Suffolk Regiment Old Comrades Association (Leiston Branch) summer buffet dance on 24 May.

Our Branch Standard was carried at the Suffolk Show on 29 May. Stradbroke Branch D Day Commemorative Concert on 31 May and Woodbridge Branch D Day Commemorative Event on 7 June.

Leiston in the Great War Group, of which the Branch is a member, holds its Commemorative Parade and Ecumenical Service on the Alde Valley 6th Form Centre playing field on 19 July. The day's proceedings are as follows:-

11.00 Long Shop Museum WW1 Exhibition opening by Major General Sutherell

11.25 Parade marches off from Sizewell Road car park. The Salute will be taken by Major General Sutherell in the Old Post Office Square from where it will continue on its route to the area in Westward Ho which was the Railway Station from where 'H' Company 4th Suffolk Regiment embarked for service in WW1. The Parade will arrive in Westward Ho at approximately 11.35 where it will halt for a short period before retiring to the Alde Valley 6th Form Centre playing field.

12.00 An Ecumenical Drumhead Service of Commemoration will be held. Following the Service a Marching Display by the Band will take place.

1.00 - 4.00 Band Concerts by The Royal British Legion Band (Leiston Branch), Ipswich Hospital Band and The Royal British Legion Training Band (Leiston Branch).

4.00 Reading of winning poems from Children's Poetry Competition followed by Raffle.

4.30 approx. Sunset Ceremony (final event).

Alongside the formal part of the Commemoration, there will be a wide variety of stalls from local organisations and charities, together with a bouncy castle. A BBQ and refreshments will be available. You may like to bring a picnic whilst listening to some excellent music and enjoying the events (please bring your own chair).

Trevor Peskett
Chairman - Leiston Branch TRBL

St. Margaret's

Holy Communion



9.00am

First Sunday of the Month

'Come and let us celebrate together, The Lord's Supper'

*You would also be very welcome to stay for the All-Age
Family Praise & Worship Service, which follows at 10.30am*

A warm welcome awaits you there!

The Good Old Days

We met, we married, a long time ago,
He worked for long hours and wages were low,
No telly, no radio, no bath, times were bad,
Just a cold water tap and a walk up the yard.

No holidays abroad, no carpets on floors,
We had coal on the fire - we never locked doors,
Our children arrived - no pill in those days,
And we brought them up without any state aid.

No vallium, no drugs, no LSD,
We cured our pains with a good cup of tea,
If you were sick, you were treated at once,
Not "fill in a form and come back in a month".

No vandals, no muggings, there was nowt to rob,
In fact, you were rich with a couple of bob,
People were happier in those far off days,
Kinder and caring in so many ways.

Milkmen and paper boys would whistle and sing,
And a night out at the flicks was a wonderful thing,
Oh, we had our share of troubles and strife,
But we had to face it, that was life.

But now I'm alone and look back through the years,
I don't think of the bad times, the troubles and tears,
I remember the blessings, our home and our love,
We shared them together and I thank God above.

Sent in by Jill Mower



Appeal - Calligraphy Expert

St. Margaret's Church is looking for someone who can do 'Old English' style calligraphy writing. We have a notice board in the church, which lists all our past and present vicar's names on it, and we would like to update it with our new Vicar's name. If you, or you know of anyone who may be able to help please contact either: **Rev. Martin Phillips-Last on 561149** or **Shirley Newman on 832446**. Many thanks.

St. Margaret's Family Service

A Family Praise & Worship Service



10.30am
First Sunday of the Month

We would like to invite you to
come along and celebrate a new style of
Family Praise & Worship Service with us.

This is an all-age informal service aimed at families.
Praising the Lord through imaginative drama & readings,
as well as vibrant & joyful music.

A warm welcome awaits you
and we would love to see you there!

Also log onto our website for other events & all service times
www.stmargaretschurchleiston.onesuffolk.net

Kids Zone

Welcome to
'your page'
full of fun

activities to enjoy!



THIS MONTH WE ARE CELEBRATING THE FEAST DAY OF SAINT MARY MAGDALENE. IN THE BIBLE IT IS WRITTEN, WHEN MARY MAGDALENE MET JESUS AND HEARD HIM PREACH, SHE RECOGNISED HIM AS CHRIST AND GAVE UP HER OLD WAYS. SHE BEGAN TO LIVE A LIFE OF LOVE FOR JESUS CHRIST AND GOD. MARY IS REMEMBERED FOR ANOINTING JESUS' FEET WITH OILS AND DRYING THEM LOVINGLY WITH HER HAIR, FOLLOWING WHICH JESUS SAID ALL HER BAD WAYS WERE FORGIVEN. THERE ARE MANY WOMEN IN THE BIBLE WHO ARE PRAISED AND CELEBRATED FOR THEIR GOOD WORK. IT IS IMPORTANT TO ALL BE GOOD SAMARITANS AND KIND TO OTHERS, TREATING OTHERS HOW YOU WOULD LIKE TO BE TREATED. REMEMBER GOD LOVES EACH AND EVERY ONE OF US VERY MUCH.

Mary Magdalene washing Jesus' feet



PROPHET
LIVING
THIRSTY
WELL
WATER

LIFE
GIFT
ETERNAL
SPRING
DRINK

JESUS
SAMARITAN
MESSIAH
WOMAN
HUSBAND

A	F	X	V	C	K	G	I	F	T	P	U	S	S	D
M	Z	Y	M	R	S	C	V	Y	H	R	I	R	O	Z
V	N	Q	P	J	B	C	M	E	I	O	W	T	U	E
R	B	F	G	Q	N	F	U	F	R	P	O	N	H	O
M	P	M	A	L	I	F	E	E	S	H	M	J	C	K
L	F	C	H	M	U	K	Q	Q	T	E	A	R	H	G
D	S	P	R	I	N	G	H	Z	Y	T	N	R	X	O
W	E	L	L	L	I	V	I	N	G	D	R	I	N	K
I	M	U	M	T	U	I	G	B	D	U	P	E	B	H
V	E	R	K	T	M	Z	Y	U	V	D	O	T	E	W
J	S	S	A	M	A	R	I	T	A	N	N	E	F	A
E	S	B	L	E	H	U	S	B	A	N	D	R	P	T
S	I	U	D	Q	A	H	Y	R	K	T	A	N	K	E
U	A	Q	P	B	O	K	M	O	T	O	N	A	S	R
S	H	Z	U	M	R	Y	P	H	D	E	Q	L	Y	F

HAVE A BLESSED DAY

"I believe in the sun, even when it isn't shining.
I believe in love, even when I am alone..
I believe in God, even when He is silent."



A nurse on the pediatric ward, before listening to the little ones' chests, would plug the stethoscope into their ears and let them listen to their own heart. Their eyes would always light up with awe, but she never got a response equal to four-year old David's comment.

Gently she tucked the stethoscope into his ears and placed the disk over his heart. 'Listen', she said...'What do you suppose that is?' He drew his eyebrows together in a puzzled line and looked up as if lost in the mystery of the strange tap - tap - tapping deep in his chest.

Then his face broke out in a wondrous grin and he asked,
'Is that Jesus knocking?'

Sent in by Jenny Windle

NOTES FROM PCC MEETING 28TH MAY 2014

The meeting opened with prayers at 7.30pm. 13 members present, 2 apologies were received. Matters arising from previous meetings included the baptismal role (now being updated by Cindy Fittell), Parish outing to Ely in September, the new Welcome Noticeboard has been ordered following consultation with SCDC about planning. A faculty application was made for its installation. Thanks were given to Kathryn Williams for her excellent production of the June magazine.

Margaret's shop has given a further £1,500 to church funds (total for this year £3,500). Initial costs for the Cookbooks have now been covered so further sales are profit. Insurance claim for roof repairs still not paid. £810 paid for engineers' inspection of the tower.

Martin distributed information about the important role of Local Giving Advisors. Suggested Friends of St. Margarets be reinstated / revisited. All baptismal parties are to be reminded that no photography / filming should be carried out during the service. A letter has been received from The Gables Management Company offering to close the gap in the hedge (which SCDC have not yet completed in spite of numerous requests).

Tenders had been issued to three companies about the tower repairs - due back 30.05.14. Options still being considered for more accommodation for the Sunday School.

Martin said the last few months had been exciting with lots going on. The first Family Service had taken place with lots of good and constructive comments received. On the first Sunday there would be an early communion at 9am and the Family Service at 10.30am. On the fourth Sunday a Leiston Community Healing Service will be held at 6.30pm from 22nd June. A mid-week communion will also be held each Thursday at 11am from 19th June.

Shirley Newman is to be the second Deanery Synod representative. Rainbow noticeboard in church porch to remain in place with smaller one for statutory notices. Betty had samples of notelets which could be sold to increase funds.

Date for next PCC meeting: Thursday 17th July 2014 at 19.00 hrs.

Pat Carter, Secretary to the PCC

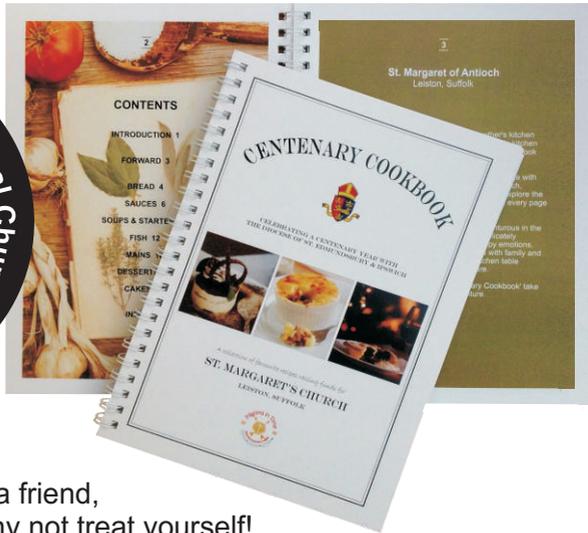


CENTENARY COOKBOOK

2014 is a very special year for the Diocese of St. Edmundsbury & Ipswich of which St. Margaret's is a part, as it is the diocese's centenary year. To help celebrate this momentous year we at St. Margaret's Church have created a cookbook full of tasty recipes for you to try.

Help us celebrate this special year & also raise funds for St. Margaret's Church. Pick up your copy of the cookbook now!

Help support your Local Church and the work it does!
Only £6.00
Over 50 tasty Recipes for you to try!



Makes an ideal gift for a friend, loved one, or simply why not treat yourself!

You are helping to support your local Church continue with the important work it does.

**Available after each Sunday's Service
or
Pop along and pick up your copy from
Margaret's Church Shop, here in the heart of Leiston**

Cooking with the Bible

There is a mystery about St. Mary Magdalene and what her various feast day food represents.

Magdalenenstriezel (St. Mary Magdalene Fingers) is a coffee cake cut into strips like ‘fingers’. In various artwork (paintings, statues and engravings) depicting the saint, her fingers are curiously crossed. Crossed fingers were a secret symbol used by the early Christians to identify each other when their religion was illegal. Now it has become a superstitious symbol for hoping for good luck. This traditional German recipe is a good choice to make on the Feast Day of St. Mary Magdalene.

Magdalenenstriezel (St. Mary Magdalene Fingers)

Ingredients:

225g butter, softened	50g chopped almonds, blanched for sprinkling
85g sugar	
3 eggs	45g - 85g coarse sugar for sprinkling - to taste
3 tablespoons sour cream	
250g flour	

Method:

Cream the butter with sugar until smooth. Beat in the eggs. Gently stir in the sour cream.

Gradually add the flour and mix well.

Spread the mixture in a buttered 8 × 8 inch baking dish (Mixture should be no more than an inch thick).

Sprinkle the almonds and sugar on top.

Bake in a preheated oven at 350 F for about 35 minutes or until golden brown.

Remove from the oven and cool for about five minutes.

Cut into strips like “fingers” and serve “crossed” on top of each other.

St. Margaret's

Church Road, Leiston

Leiston Community Healing Service



**Every Fourth Sunday
of the Month at 6.30pm**

**Come along and listen to the healing word of God,
to rest in his presence in worship and be enfolded
in his arms of healing through prayer.**

LOST VILLAGE & Church of Appleton

One day Sue reminded me that it was 18 years since we last visited Sandringham House and the estate.

So on a beautiful spring day whilst on a break in North Norfolk we decided to pop along. The house and the gardens were as glorious as ever and indeed the visit to the lovely church on the edge of the estate, the one we see on our T.V's every Christmas when the royals



attend it, was wonderful. This is the church where Prince John is buried, the fifth son and youngest child of King George V and Queen Mary. But the most interesting part of that day was when we were leaving Sandringham and returning to our North Norfolk base. We were driving along through the little villages around the estate when we spotted high on a hill what look like the ruins of a church tower. So we took a little detour to investigate. It turned out to be the ruins of St Mary's Church, Appleton. It was a round tower church ruin. There were no notices or signs to give the visitor any indication of the history of this site, or even where you were. The only indication being a farmyard just past the church which was called Appleton Farm. We clambered through the overgrown site, keeping an eye on the bee's nest that appeared to be within the carstone and flint walls. You could even walk inside. So I had to do a piece of research later. The church had once been the centre of a village, but this has long since gone, although apparently when there is a light sprinkling of snow, you can see the outline of the village in a field to the north-east of the church. The tower arch appeared to be Norman although some information on the internet suggests it could be earlier. Also there is a mention of a 13th Century coffin lid embedded in the ground. That was certainly a surprise aspect of the day and we were not the only curious ones, because just as we were leaving a young couple in a convertible car turned up. So we began asking them about the church, but like us, they had seen it from the road and decided to explore. The unplanned part of the day, to me was the most interesting.

John Last

LET US PRAY

The apostle Paul only made a brief visit to Philippi because he ended up in prison for helping a slave girl to find healing for her mind and spirit. His friends thought it was better for Paul to move on once he was set free but nevertheless he left behind a group of Christians with very different backgrounds.

Lydia was a business woman and opened her home for the new Christians to gather in a safe place to worship and have fellowship. Paul and Silas had met her and a few other women praying by the riverside. The Roman centurion who was given the task of guarding Paul in prison, very nearly took his own life when there was an earthquake and he thought he had lost all his prisoners. Paul stopped him and the centurion was so grateful that he bathed Paul's wounds and listened to the story of God's love for all nations in sending the Lord Jesus to this earth. He and his family, along with the slave girl and Lydia's household all formed the new group of believers.

Paul prayed hard for them even though he was far away and wrote to them (there were no telephone messages those days and letters had to be carried on foot) reminding them, “don't worry about anything, but instead pray about everything. Tell God your needs and don't forget to thank him for his answers.” Philippians 4:6

Giving thanks is important because it encourages others and declares before all the powers in heaven and earth that Jesus is king of kings and Lord of lords. Sometimes I think it would be good to put up a post-it note on our prayer board to let people know how God has answered prayer, which will encourage us to be a thankful, praising church, even though the answers might sometimes take us by surprise!

No wonder the Psalmist wrote, “I love the Lord because he hears my prayers and answers them. Because he bends down and listens, I will pray as long as I breathe.” Psalm 116: 1,2 (Living Bible.)

What about sharing with someone how God has answered your prayers recently?

Have a go at praying daily for a troubled area of the world and let's see what God will do through our prayers.

Rev. Pauline Florance

Funerals - June 2014

4th June Jane Ann Horn

19th June Lorna Muriel Crowther

'May your unfailing love be my comfort, according to your promise to your servant'. (NIV)
Psalm 119:76



Silent Tear

Each night we shed a silent tear,
As we speak to you in prayer.
To let you know we love you,
And just how much we care.
Take our million teardrops,
Wrap them up in love,
Then ask the wind to carry them,
To you in heaven above.

Unknown

ST. MARGARET'S CHURCH FAMILY

INTERCESSION PRAYERS FOR JULY 2014

Dear Friends,

July's magazine is our second month of focussing on monthly prayers rather than daily prayers, thus allowing for our growing church family.

Below we have our second of the three St. Margaret's church family groups, each one with a member of the worship team as a part of it. Please remember each of these family groups will appear in the Magazine every three months, meaning everyone will appear four times a year. This is not to say you are not in our thoughts, you remain in our church family's prayers always, however this will allow greater flexibility for our growing family, and also allow us all to focus our thoughts and prayers specifically on those listed for that particular month.

If you feel you have a specific need for additional prayer time then please let us know and we'll add you to our 'special prayers' section. Also, if you would prefer to be remembered in a particular month then please let us know.

In our Church Family Prayers

Richard & Sandra Ellis

James and Kevin & Jess Ellis

Christopher, Anna & Ada Ellis

Michael, Anika and Darcey Ellis

Chris & Elspeth Gonin

Basil & Jean Jenkins

Jean Crowter

Valerie & Maurice Allchin

John & June Geater

Mary Ages

Doreen Bardwell

Stephen & Claire Miles

Mary, Simon, Edward & Archie Reading

Daphne & Terri Roper

Pam Bloomfield

David & Lynn Bailey

Olive Wilson

Ann Wood

John & Jane Perrett

Peter & Jill Mower

Betty Harland

Joan Mower

Charlmaine, Lee, Luke & Liam Wright

Doreen Thomas

Vaughan & Jenny Windle

Liz Mills

Sue Watt

Colin & Penny Tipple

Frederick & Barbara Moss

Rosemary Gale

Tom & Nona Wadsell-Campbell

Joan Fowler

Philip, Sandra, Emily, Ellie & Laura Harle

Eileen Griffiths

Grahame, Sylvia, Linda & Susan Hawes

Paul & Judy Brett

Judy Foster





In our Special Prayers

Freddie Moss

Joan Fowler

Olive Brundish

Margaret Clarke

Sally Brasfield

Ray Newstead

Leah Crudgington

Kathleen Snowden



Elsbeth and Chris's daughter Rachel, her husband Javier
& granddaughters Lucia & Nina as they move home from Mexico to England

Revision about Prayer - Talking to God

Last month we suggested that prayer demands the discipline of a place and a time – daily and regularly.

So what do we say to God. Everytime we pray we should begin by saying:-
I am here Lord (or Father, or Jesus or Holy Spirit or all!) to talk to you and listen to you.

Next, to talk to him about anything in your heart and mind.

There are all kinds of suggestions about this but I often find it helpful to use an acronym - the word **A-C-T-S** I find helpful.

A – Telling God how much you **Adore** him, his Son Jesus and the gift of himself in the Holy Spirit.

C – **Confession** – telling God about your sins and failings.

T – **Thanks** for all the wonderful things we have been given.

S – **Supplication** which means praying for people – those closest to us – and the many who do not have anyone to pray for them. Here I usually pray too for organisations that need God's help. There are plenty on our door step in Leiston.

Chris Gonin

Next month **listening** to God

**If you would like to be included in our family monthly prayers,
or have any comments, questions or queries
please contact Chris Gonin on 01728 635549**

SONG & MUSICAL EVENING

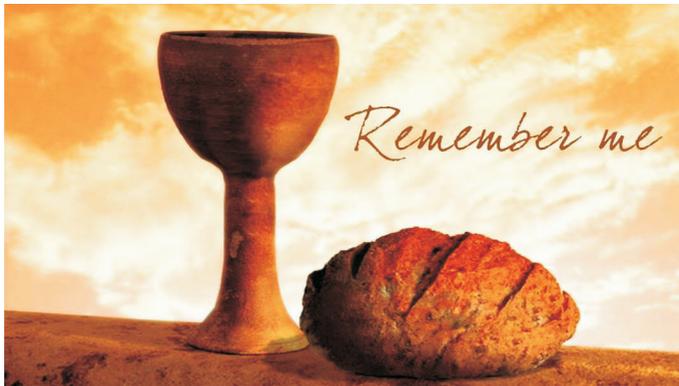


As most of you know I live in Charles Miller Court, and on Tuesday the 9th of June Matt Merrett came in and entertained us with a Song & Musical evening. He had a lovely repertoire of country songs which made very good entertainment, also a song in Gaelic, which caused much laughter, Matt is a very accomplished pianist, organist and singer (as we know in the church). A very enjoyable evening was had by us all, especially as Sheila (his grandmother) concluded the evening with her homemade cakes. Come back soon please, Matt.

Hilda Woodhead

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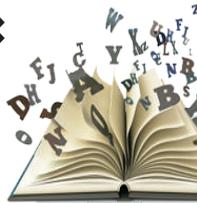
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Notice: Items for August's Magazine:

Please note that all articles, adverts etc. will need to be submitted to Kathryn Williams by the **20th July** for inclusion in August's Magazine. Thank you.



Keep up to date with all Church Events
by visiting our own website:



www.stmargaretschurchleiston.onesuffolk.net

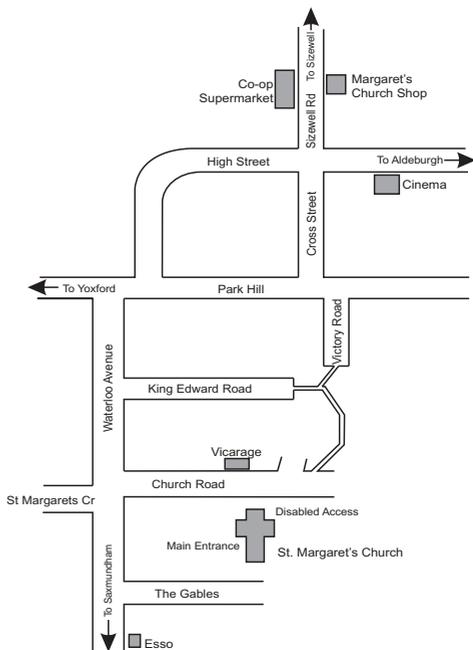
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Alternatively, delivery can also be arranged.



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