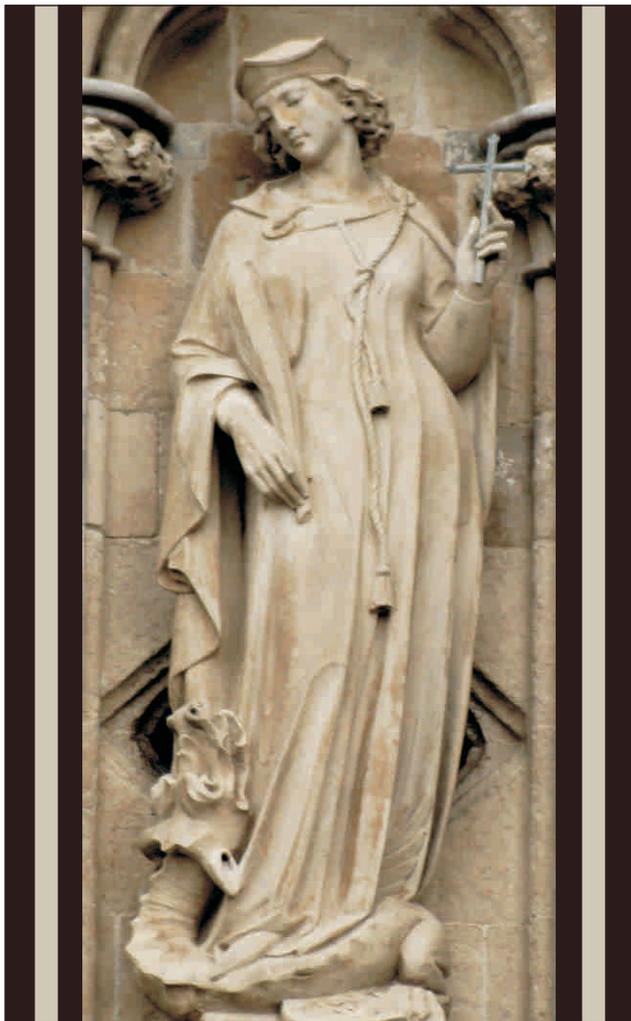


ST. MARGARET'S

PARISH CHURCH FOR LEISTON-WITH-SIZEWELL



CELEBRATING ST. MARGARET OF ANTIOCH - 20TH July
STATUE OF ST. MARGARET OF ANTIOCH - SALISBURY CATHEDRAL

July 2015



CHURCH SERVICES

FIRST SUNDAY OF THE MONTH

9.00 Holy COMMUNION SERVICE

A Traditional Service using Common Worship

10.30 Family PRAISE & WORSHIP SERVICE

An all-age Informal Service for the whole Family.
Praising the Lord through Drama, Readings & Music

SECOND & FIFTH SUNDAY OF THE MONTH

10.00 PARISH SUNG EUCHARIST SERVICE & 'JAM' (JESUS AND ME) Sunday School

THIRD SUNDAY OF THE MONTH

10.00 'WELCOME TO THE TABLE' FAMILY COMMUNION

A simple Family Communion Service
where all are welcome to the table

FOURTH SUNDAY OF THE MONTH

10.00 PARISH SUNG EUCHARIST SERVICE & 'JAM' (JESUS AND ME) Sunday School

6.30 COMMUNITY HEALING SERVICE

Listen to the healing word of God through Prayer
Please note: No Service in July

WEDNESDAY MID-WEEK HOLY COMMUNION

10.00 Holy COMMUNION SERVICE

Please note: No Services in July

CONTACT US

Priest in Charge: Reverend Martin Phillips-Last:

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Church Warden: Mrs Shirley Newman: 3 Red House Lane. T. 832446

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PCC Treasurer: Mrs Sandra Harle: 4 Lime Tree Avenue. T. 833578

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Deanery Synod Representative: Mrs Shirley Newman: 3 Red House Lane. T. 832446

THE REVEREND'S RAMBLINGS

NO REALLY GREAT PERSON EVER THOUGHT THEMSELVES SO.



Arundel Castle in Sussex is one of the greatest castles in England and the seat of the Dukes and Duchesses of Norfolk. My great Nanna used to tell us the story her mother told her, of a Duchess of Norfolk from a bygone age, who happened to be at a railway station when a little Irish girl arrived off the train carrying a heavy bag; she had come to be a housemaid at Arundel Castle.

The castle was about a mile away from the train station, and the little girl was trying to persuade the station porter to carry her cumbersome bag to the castle, for which she offered him one shilling, which was all the money she had. However, the porter brushed aside and refused her request with a sneer.

It was then a woman stepped forward from the passing crowd, unannounced and shabby in appearance, offering to carry the little girl's bag to the castle. The woman took the little girl's bag and walked beside her on the road from the station to the castle, all the while talking gently with the little girl about her journey, her home, her family and her new employment.

When they reached the castle, the woman gratefully accepted the shilling the little girl offered her and she left the little girl at the entrance to the castle. It was the next day as the little girl went about her new duties as housemaid, that she came face to face with her new employer the Duchess of Norfolk herself, who to the little girl's surprise, was also the one who had carried her bag from the station to the castle and to whom the little girl had tipped a shilling!

It is never safe to judge anyone by externals; greatness lies not in status, but in love, understanding and thoughtfulness. There is graciousness in receiving as well as in giving, as the then Duchess of Norfolk showed. As we remember and celebrate the humble lives of saints such as St. Margaret of Antioch, my hope is that it would inspire us to remember and celebrate those simple acts of kindness given to us today, and give thanks for those times we've been blessed by simply giving to others.

I pray that as we continue to live our daily lives, the Lord gives each of us the compassion to live out those simple, humble and thoughtful acts of kindness, with those we meet along the way. That through some small and simple act of kindness, the love of God will be revealed, and that we truly see and believe, as the saints before us believed: That to achieve truly great things, no act of kindness and service can ever be too humble.

Happy adventures,

Martin

The Reverend Martin Phillips-Last

ST. MARGARET'S CHURCH TOWER LIGHTS UP

During June the lighting of the St. Margaret's Church Tower was sponsored on:

2nd June

In memory of Jim Hambridge, a loving father

5th June

Celebrating Sandra & Richard Ellis' Wedding Anniversary

9th June

Happy Birthday Sandra

10th June

To celebrate the birth of Oliver Nathanael Ellis

11th June

Happy Birthday Marilyn Young

11th June

Happy Birthday Barbara Moss

13th June

In memory of devoted father, Arthur Harland

19th June

By Hilary Slaughter to celebrate the birthday of her Goddaughter

If you would like to mark your own special occasion by sponsoring the lighting of St Margaret's Church Tower for a donation of £5 and see the details of your special occasion appear in the Church Magazine please contact Sandra Harle.

Image for illustration purposes only - Image not St. Margaret's Leiston

ST. MARGARET of ANTIOCH

SAINTS DAY - CELEBRATED ON 20TH JULY



St. Margaret of Antioch was born and lived in the 3rd & 4th Centuries. Shortly after her birth her mother died and she was briefly raised by her father and Christian nurse.

At the age of 10 she pledged herself wholly to Christ, to the disobedience of her father who subsequently disowned her. She was instead raised in Antioch, (in modern day Turkey) by her Christian nurse. Whilst living there Olybrius, the Governor of the Roman Diocese of the East, requested her hand in marriage but at the renunciation of her Christianity. Upon her refusal she was cruelly tortured, during which various miraculous incidents occurred. Legend states that Satan visited her in the form of a dragon and swallowed her, but that she survived as her cross irritated the dragon's stomach. However, despite these miraculous incidents she was still sentenced to death, by the Governor in 304 AD, at the young age of 15 years old.

She is remembered in the Christian Church as the *'Virgin of the Church and a martyr for her Faith'*, and we celebrate her Saints day in the Anglican Church on the 20th July.

Let us all here at *'St. Margaret of Antioch Church'* in Leiston remember and honour St. Margaret not only for her courage and bravery, but for showing the conviction of her strong Christian belief.

MEMORIES

I realised it was more than likely I would be moved by the Holocaust Memorial Service held in February, but I didn't expect quite so many mental images of my past to come flooding back. Perhaps it was because no words were spoken and all that could be heard was the haunting music playing quietly in the background, which allowed long forgotten events to come to mind.

I sat and took note of the surroundings. On a small round table covered with a white cloth were six lighted candles, some pebbles and photographs of holocaust victims. By the light of the candles I gazed at the face on one of the photographs scattered around. I wondered about the man whose gaunt face and hollow eyes stared back at me. Where had he come from, what had happened to him. Then I found myself thinking of a time over sixty years ago when I was living and working in Sussex.

Occasionally when I left the office to go to the bank or some other errand, I would see a man dressed rather strangely. He wore a cape which came down to his knees and a large black hat, soft with a very wide brim. I thought he was an artist. I learned later that he was a Frenchman, living with a group of friends and the reason he wore the cape was because he had been tortured by the Nazis and as a result, was unable to use his arms - they just hung loose by his side. I hadn't thought of that man for years, now I see his face plainly every day.

When an aircraft flew overhead my thoughts went back even further to the time I was a small child. Then when we heard an aeroplane we would ask 'is it one of theirs or one of ours? The nightly air raids were something we had to get used to, yet I don't remember ever being frightened. My parents must have known how precarious the situation was and with invasion a distinct possibility they undoubtedly worried about what the future held, never the less my sister and I hadn't the slightest hint that there was anything to fear.

I thought of Jewish children in the occupied countries, perhaps some born on the same day as I. Would their parents have been able to hide their fear, or would its atmosphere permeate, unstoppable, throughout the home. When footsteps stopped outside our house and we heard the rat-tat-tat of the door knocker, we knew a welcome visitor was calling, but for those in occupied countries it must have caused sheer terror.

My thoughts and imagination were becoming so painful, it was almost a relief when the silence was broken as Martin invited us to light a candle and hold a stone as some Jews do when they pray. The stone I chose was one I'd noticed earlier. It was grey with a few white stripes running through. In some bizarre way it had reminded me of the striped suits the prisoners in the concentration camps had been made to wear.

Seventy years have passed since the camps were liberated and the survivors freed. What nightmares have haunted them? How can they forget with numbers tattooed on their arm a constant reminder? Who can they trust knowing they had been betrayed?

I've always known that I'd had a happy childhood, but remembering so intensely the suffering of the children of the holocaust, I had become even more aware of just how safe and carefree a childhood my parents had provided. Remembering the suffering of the victims of the holocaust, I became aware that the heartbreak and sorrow, betrayal and despair I've known as an adult, although painful at the time, were by comparison negligible.

I still have the stone, placed on a table in the sitting room. Now each morning I glance at it and remember the memorial service and the emotions it stirred and pray that one day there really will be peace among men.

anonymous



Photos - Holocaust Memorial Service at St. Margaret's Church, Leiston

CANCER RESEARCH CAMPAIGN

A street collection is being held in Leiston again this year to raise funds for the Campaign. I've been asked by the local organiser to help to organise the collection outside the Co-op Store on Saturday 11th July. This will be from 9 am to 3pm. Are you able to help for an hour, or even half an hour? If so, please contact me.

There aren't many people who have not been touched by cancer either as individuals or their family members. Breakthroughs of cures and treatments are being discovered through intensive research all the time and research is probably the only way this disease will be conquered. As you can imagine this research is expensive so **PLEASE HELP IF AT ALL POSSIBLE.**

Pat Carter

42 Haylings Road, Leiston Tel 831852

THE CHILDREN'S SOCIETY COFFEE MORNING

Thanks to the stoic band of committee members who bake, make, donate and man the stalls, once again our spring coffee morning was a great success raising a whopping £633.60. We are extremely grateful to David of The Dolphin Inn, Thorpeness, for allowing us to hold the event in his restaurant, for supplying all beverages accompanied by wonderful shortcakes straight out of the kitchen and for providing staff cover to clear up after us. How good that we had such a generous flow of people come along to support us and make the morning so worthwhile.

Lorraine Lloyd

Secretary Saxmundham & District Supporters - The Children's Society

LEISTON WI

Fancy meeting new friends over a cup of tea & a natter, then come along to the Leiston WI. **We meet every 2nd Tuesday in the month at 7.30pm, WI Hall, John Street, Leiston.**

We have a selection of speakers throughout the year, as well as organising trips out, lunches, afternoon teas and competitions. There's always much fun and laughter and we are all young at heart! We'd love to see you there!

Judith Geater - Leiston WI President

theWI
INSPIRING WOMEN

NOTES FROM THE PCC MEETING - 20TH MAY 2015

The meeting opened with prayers at 7.00pm with Shirley in the chair.

£13,000 has been paid for the 2015 Parish share so far. Donation of £240 has been received from The Pigeon Club, money for a replacement hoover from Tony Cooper. Flower Festival raised £895.25, lighting of tower donations up to April raised £295. Bills for repairs to organ (£896.40) and ramp at rear of church (£300) have been received and paid.

Leaflets giving details of Growing in God distributed, also responses to questions about mission within the church and our community were discussed ready for the next Deanery Synod meeting.

Following test ringing of bells on 27th March permission was given to start ringing the bells again. Architect advising cracks in tower to be monitored and new floor to be built in sound chamber.

Pat reported one of the floodlights not working – Philip Harle had agreed to check this and correct the problem. Estimate for microphones still awaited.

Services will continue following the normal pattern. Summer Fete will be held in church on Saturday 27th June, 2 pm to 4 pm. Saturday 5th September Parish Outing proposed.

Betty once again thanked the church community for her painting and flowers.

Kathryn Phillips-Last and Sandra Ellis are pleased to see the interest that the adults show in the work that the children in JAM (Jesus & Me) Sunday School have achieved during the service. Screens to be moved back slightly at back of church to allow spare chairs to form an extra row of seats.

Date of the next PCC Meeting:

Wednesday 8th July in Church starting at 7pm.

HAPPY 98TH BIRTHDAY DEAR JOAN!!!!



On Friday the 22nd May this year it was my privilege and pleasure to be present at the 98th birthday celebrations for our dear friend, Joan Fowler. The party was held in the Quiet Room at Aldringham Court, Joan's home in recent months. Many of Joan's friends had gathered to wish this remarkable lady a very happy birthday and to enjoy the delicious cake made by her neighbour Pat. Staff brought in tea and coffee for everyone.

Joan moved to Leiston with her parents and twin brother Ron when her father was appointed manager of the gas works in Carr Avenue. She lived in Penelve in Waterloo Avenue from the age of ten and only left to move to the Court earlier this year.

Joan worked until retirement in the Gas Showroom at Aldeburgh and attended St Margaret's every week until ill health meant she was no longer able to make the journey. She has always been very interested in the many organisations she had been involved with, in particular The Long Shop Museum and of course, St Margaret's. She has always been, when able, a loyal financial supporter of the church and many other charitable organisations. Joan has many friends who keep in touch with visits and by telephone. She always says "I don't understand why I have so many visitors and contacts" and we always say "It's because you are such a lovely lady – if you weren't so nice, we wouldn't bother!!"

Pat Carter

A 'THANK YOU' FROM BETTY

To my Church Family,

My most sincere thanks to you all for the beautiful painting and the flowers - they were such a lovely surprise. I have three other paintings by Jenny (Windle) which give me great pleasure. One is of a fisherman's boat on Sizewell Beach with the monkey pole nearby. As children, we used to climb this pole - it was great fun! Another is of heather-covered cliffs at Dunwich looking out to Southwold and, lastly, a view of Iken Cliffs with Iken Church in the distance. All of these scenes bring back many happy memories, as does my many years being a part of the St. Margaret's Church Family.

I may have retired from being the Treasurer but I hope to carry on being an active member of church life for many years to come!

With love and blessings to you all,

Betty

Betty Harland

Windows of Prayer

*Life is a lesson, from which we all must learn
to be tolerant of one another.*

*Though sometimes the going seems tough,
When we're bruised by the actions of others.*

*However much you hurt inside,
Let your anger and frustration out,
The Lord understands what you're going through,
He shares your pains and doubts.*

*Just remember that to enjoy a rainbow
You have to endure the rain,
Life is a challenge of fortitude and faith.
A combination of joy and pain.*

*Open up the windows of prayer
And let God's light come flooding in
However dark your world may seem,
Talk and lean on Him.*

*God is ever faithful and through the way you cannot see,
He will always hear your prayer, let Him lead you,
where He wills you to be.*

By: M. Andrews
Sent in by: Hilda Woodhead



CENTENARY COOKBOOK

2014 was a very special year for the Diocese of St. Edmundsbury & Ipswich of which St. Margaret's is a part, as it is the diocese's centenary year. To help celebrate this momentous year we at St. Margaret's Church have created a cookbook full of tasty recipes for you to try.

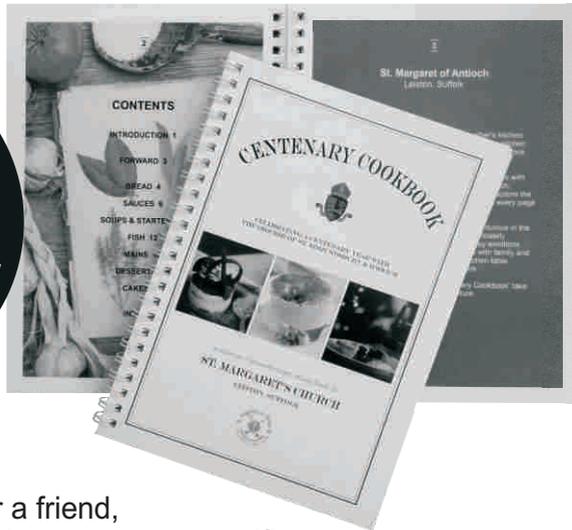
Help us celebrate this special year & also raise funds for St. Margaret's Church. Pick up your copy of the cookbook now!

IDEAL GIFT!

Only £5.00

Over 50 tasty recipes for you to try!

DELICIOUS RECIPES!



Makes an ideal gift for a friend, loved one, or simply why not treat yourself!

Helping to support your local Church and the important work it does.

Available after each Sunday's Service or Pop along and pick up your copy from Margaret's Church Shop, here in the heart of Leiston

Cooking with the Bible

Antioch is a ruined city, which lies close to the modern city of Antakya in Turkey. It is an ancient city, dating back to 300 BC, and one which played an important role in Christian history. In the 7th century, Antioch was one of five patriarchal centres of the Christian Church; the others being Rome, Alexandria, Istanbul and Rome.

Antioch is said to have been the base for Paul's missionary journeys. No visit to Antioch is complete without visiting the Church of St. Peter (see photo below), where it is believed the Apostle Peter (and the Apostle Paul) not only preached when visiting Antioch around 50AD, but that the original section of the church was dug by the Apostle Peter himself around 40AD as a place for the early Christian community of Antioch to meet. The attractive stone facade of the building was added much later by the Crusaders, who identified the grotto during their rule of Antioch from 1098 - 1268. It is also widely considered to be one of the earliest Christian houses of worship.

These delicious Turkish koftes (meatballs) make this dish a crowd pleaser, and is a real taste of Turkey.

Baked Turkish Koftes in a Pepper & Tomato Sauce

- 225g / 8oz Ground Minced Beef
- 225g / 8oz Ground Minced Lamb
- 1 Medium Onion - Grated
- 2 Eggs
- 1 Bunch of Flat Leaf Parsley - Finely Chopped
- 1 Red Pepper - Diced
- 3 Garlic Cloves - Chopped
- 400g Large Can of Chopped Tomatoes
- 2 Tablespoons of Olive Oil
- 280ml / ½ Pint Water
- Salt & Freshly Ground Black Pepper to taste
- Small bowl of water with a drizzle of olive oil aside to shape the koftes (meatballs)



Photo: Church of St. Peter - Antioch

Method

Preheat oven to 180°C / 350°F. In a bowl combine onions, eggs, parsley & knead well. Stir in the ground meat, season with salt & ground black pepper. Knead for 3-5 mins until the mixture becomes elastic & well mixed. Cover with cling film, then place in the fridge for at least 30 mins. In the meantime, heat the olive oil in a pan & add the garlic & peppers. Sauté for 5 mins. Add chopped tomatoes & the water. Season with salt & ground black pepper. Stir, cover & simmer on medium to low heat for 10 mins. Then turn the heat off. Take the meat mixture from the fridge & shape into balls. Place the meatballs on a baking tray until all the meat mixture is shaped into mini koftes (meatballs). Bake the mini koftes in the pre heated oven for 25 mins, they will start to get a nice golden brown coating. Transfer the baked mini koftes into a large baking dish & pour the pepper and tomato sauce around them, giving a gentle mix. Place back in the oven & bake for a further 15 mins to thicken the sauce. Serve hot with plain rice, along with a cucumber, yoghurt and mint dip if desired.

ANNIVERSARIES

2015 has been a great year for historical anniversaries. By definition an anniversary, like a birthday, comes round each year... and then again at significant intervals; ten years or fifty years etc. But can there be problems in "celebrating" some anniversaries? With our own birthday there is no problem; wedding anniversaries, the same, but what of anniversaries of global conflict where nation wars against nation?

Two hundred years ago this June between the 15th and 18th the Battle of Waterloo was fought. Napoleon was defeated and the alliance of British, Prussian and Dutch troops triumphed ("Don't forget the Russians!"). Victory, however, was won at a high cost with regards to loss of life.... 50,000 dead and wounded over the four days of fighting. The use of cannon and grape shot and cold steel were devastating. The bravery that men showed and the horrors that they endured can only be imagined.

This year also marks 75 years since VE day, of which many people still hold vivid memories. These events have been rightly commemorated and acts of great courage and sacrifice are honoured.

The paradox is that at Waterloo the allies where Britain and Prussia (mainly) fighting the French threat from Napoleon and VE day the allies where Britain and America with French participation against the Germans (i.e Prussians). Former enemies become friends and friends become enemies. And let us not forget that GB was fighting the Americans in 1776 and again in 1812-14. Wellington was very concerned that experienced troops could not get back from America to fight at Waterloo.

In modern Europe how do the French view our celebrations of Waterloo? They would certainly not wish to make a big fuss about a crushing defeat. Historically, too, Great Britain has been less than fair about the role that the Prussians played in the ultimate defeat of Napoleon. We upset a lot of people in this way.

At the time Great Britain certainly celebrated the victory. We named stations and roads, built monuments and took most of the credit, barely acknowledging the timely arrival of the Prussian troops to seal Napoleon's defeat. A period of relative peace did follow the Congress of Vienna and the new Treaty of Paris but then the sacrifice and slaughter returned in 1914, after much political turmoil in Europe. It would seem that lessons were not learned. War is all too easily seen as the only solution.

What do we celebrate or commemorate, then, about these significant events?.. The triumph of good over evil?... The spirit of human determination in adversity? Or the chance for reconciliation and greater understanding? Not everyone will remember each event in the same way.

Coincidentally on June 15th 1215 King John signed Magna Carta. A document written by the Church to reconcile the unpopular King and his rebel Barons. Barons, including Suffolk's own Roger Bigod, forced the King to address their grievances and 'sign' a document that is, to this day, the basis of democratic rights in this and many other countries. The civil laws of France are based on, yes, the Code Napoleon of 1804. The **code** forbade privileges based on birth, allowed freedom of religion, and specified that government jobs should go to the most qualified. Even though there was little celebration after Napoleons defeat and the restoration of the Bourbon royal family, they still kept Napoleon's legal legacy.

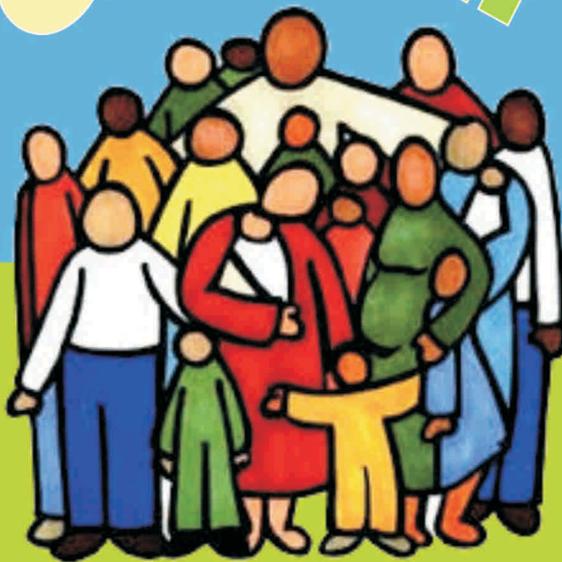
Friends

Drama

St Margaret's Church

Music

Fun



Next 10.30am Services:

Sun 5th July

Sun 2nd August

Sun 6th September

Family Service

Action

Praise

Come along & share in the Joy, Colour & Life
of our All-Age Family Praise & Worship Service

EVERY 1st Sunday of the Month - For ALL the Family!

Kids Zone

Welcome to
'your page'
full of fun
activities to enjoy!

On the 25th July, we remember and celebrate James. James was one of Jesus' 12 disciples and was, as well as his brother and Peter (who we mentioned last month), one of Jesus' closest friends. James was a fisherman when he was called by Jesus to follow him. He was one of the only few witnesses, along with John and Peter, to see Jesus do many amazing miracles. He was a loyal follower and support to Jesus, and carried on Jesus' teachings after the resurrection of Jesus.



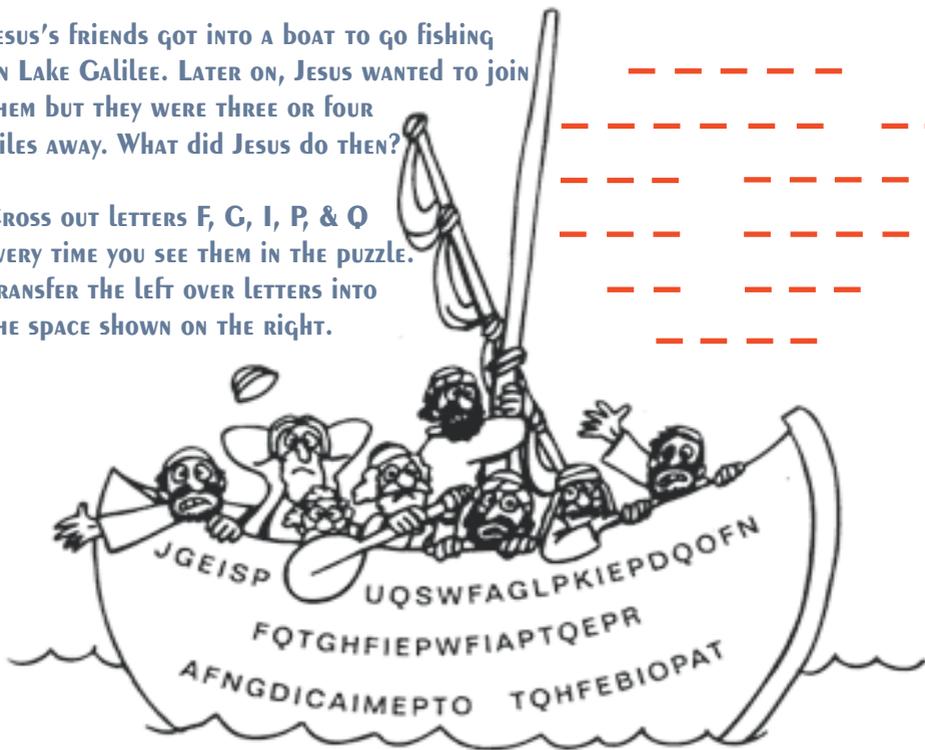
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W	E	M	O	L	O	H	T	R	A	B



- APOSTLES
- JAMES
- SIMON
- PETER
- ANDREW
- JOHN
- PHILIP
- THOMAS
- MATTHEW
- THADDAEUS
- BARTHOLOMEW
- JUDAS
- ISCARIOT
- ZEBEDEE
- ALPHEUS
- ZEALOT

JESUS'S FRIENDS GOT INTO A BOAT TO GO FISHING ON LAKE GALILEE. LATER ON, JESUS WANTED TO JOIN THEM BUT THEY WERE THREE OR FOUR MILES AWAY. WHAT DID JESUS DO THEN?

CROSS OUT LETTERS F, G, I, P, & Q EVERY TIME YOU SEE THEM IN THE PUZZLE. TRANSFER THE LEFT OVER LETTERS INTO THE SPACE SHOWN ON THE RIGHT.



Want to hear more about Jesus? Come along to our 'JAM' Sessions - Kids of all ages welcome! Sunday 12th July & Sunday 26th July - Both @ 10.00am

Sponsor A Chorister!



'Bow down and worship God for truly, God is here among you.' (1 Corinthians 25).

Paul's words to the Corinthians highlight how wonderful it truly is to worship God, because it is in the very centre of our worship, that God is present.

As a great encouragement and continued blessing to our worship here at St Margaret's Church, the Lord has been encouraging new voices to join the St Margaret's Church Choir, each voice adding a new dimension to the already inspiring worship that is at the very centre of our community.

To help encourage new members in the choir and in their part of leading us into worship and so into the presence of God, we have begun a new campaign entitled '*Sponsor a Chorister*'. We would therefore like to invite you, if you are able, to make a donation of any size so that we can buy new robes, worship books and so on for new members of our choir. If you would like to make a donation please see Sandra Harle, our Church Treasurer.

We thank you in advance for any help that you are able to offer.



For more information, please speak to Jonathan Williams, our Organist & Choirmaster.

July

For many children this is a busy month doing GCSE's and A-Levels, a lot of revising and for some a lot of pressure. How different it was with us, we had the 11 Plus and if you passed you went to the Grammar School, the rest of us went to the Modern School, both in Waterloo Avenue. We had exams based on school work over the year and reports on our achievement sent to parents.

There were some very bright children who had special gifts for Woodwork, Domestic Science, Art, Music, Needlework and Sport.

We were put in Houses named after Nurse Cavell (Blue), Churchill (Yellow), Scott (Green), and Nightingale (Red). You would have a badge representing your House colour and would be awarded points for good behaviour and achievements, however if naughty House points would be deducted.

I think we were lucky, we had good teachers, although quite strict.

On Sports Day in July, Silver Cups were awarded to the House with the most points, as well as Cups to the Sports Day Winners.

When we left school at 15 years old we then had jobs to go to, which is very different today.

We were lucky we had fun, hard work but no pressure, and how we loved those Summer Holidays.

Margaret Clarke



Photo showing the old Grammar School, Waterloo Avenue, Leiston

LADIES GROUP OUTING TO SIZEWELL

The day for our outing dawned rather overcast but as we set off for the beach the sun came out. We decided to sit and eat our lunch outside and were able to push two tables together so we could enjoy each other's company during lunch.

We soon studied the menus and made our choice of meal and drinks. With meals ordered we were able to relax and chat about arrangements for the Summer Fete which seem to be well in hand.



The drinks arrived first and we were soon served with our meals and began to tuck in to the most delicious fish and chips. The portions were large and very tasty. The sun continued to shine and even the wind was warm.

Gill had kindly invited us all to visit her home overlooking the beach for tea and coffee after our meal. Some people took her up on the invitation straight away but others decided to have a walk on the beach and to take a look at the sea. We were able to find a little strip of sand right on the water's edge. We even saw a small group bathing in the sea.



When we were all at Gill's she made us tea and coffee and we sat out on her patio enjoying the sunshine and good company. An excellent lunch and a most enjoyable afternoon.

On Wednesday 22nd July we meet at 42 Haylings Road for shared afternoon tea – hopefully in the garden in glorious sunshine – if not there's room indoors.

Pat Carter

POEMS ABOUT CAMPING

Along the Road



We found the site where we were supposed to be at,
The lady came out in a funny bath hat,
‘You are too early, you can’t come in ‘till noon’,
You should have known that you would be too soon’
‘But we’ve been travelling all night’
‘And we are all really in need of a bite’
‘Besides I’m way too tired to drive another mile’,
‘Well, pull up on that grass patch’,
She said without a smile,
We had a well earned rest and something to eat,
Then later got our pitch, and set it up nice and neat,
We had a lovely holiday, despite the chilly reception,
So we won’t be coming back here, it’s bad for one’s digestion,
But we still go off when fancy takes us,
Even though we go through all that bloomin’ fuss.

Original Poem written by: Val Allchin

Putting up a Tent

Try putting up a tent when all is nice and calm,
Minding your own business and doing no one harm,
But the busy bodies come along,
And think they’ll lend a hand,
It’s worse than trying to teach musicians in a band,
They think that the poles are there for them to climb,
And that the pegs are to be put out on the line,
So how does the canvas go, over a convenient bough,
But what if it’s too high up, how will you tackle it now,
I wonder, pull and tug and tear it in half,
Here comes your nieces, now that’ll be a laugh,
They are girl guides and know what’s what,
They will be able to sort out the lot.
So if you want to get away from everyone,
Go off on your own and get the job done,
Put up your tent away from busy bodies who lend a hand
Keep yourself to yourself and take a firm stand.



Original Poem written by: Val Allchin

The Royal British Legion

Leiston Branch (Sub-Branch Aldeburgh)

We were pleased to participate in the annual Friends of Leiston Airfield Annual Service of Remembrance and Thanksgiving on the 24th May with Legion Standards being carried and members in attendance.

The Leiston and Aldeburgh Standards were carried in the RBL Parade of Standards at the Suffolk Show on 27th May.

On 18th July the Standards will be carried at the Woodbridge VE Day 70th Anniversary and TRBL Suffolk County Rally on the Kingston Park. Programme as follows:-

- 2.00pm** County Rally of Standards
Side Stalls and Musical Entertainment
- 6.00pm** Twilight Service Parade of Standards
Dancing to 1940s Music
- 8.30pm** Close of Event
The Parade will be led by the Leiston RBL Band



The Band will also be playing at Thorpeness Meare on 12th July commencing at 1.30pm. Other bookings include taking part in the Carnival March at Felixstowe Carnival 25th July at 1.00pm and outdoor concert for Suffolk Branch of the Coldstream Guards Association at Alderton on 26th July between 4.00 - 6.00pm

The Branch held it's Poppy Collectors Evening on 5th June during which the Branch President presented Awards to several volunteers for Service to the Poppy Appeal.

The total raised for the Poppy Appeal to date is £8226.06. Our grateful thank go to all our helpers and supporters.

Leiston will need a new Poppy Appeal Organiser after November as the current organiser is resigning the position following this year's Poppy Appeal. If you are interested in taking up the post we would be very pleased to hear from you (phone 01728 833537).

Our next branch meeting will be held at 7.30pm on 21 July at the ex-Service Club, Victory Road, Leiston.

Trevor Peskett
Chairman - Leiston Branch TRBL

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ST. MARGARET'S CHURCH FAMILY

INTERCESSION PRAYERS FOR JULY 2015

Dear Friends,

July's magazine continues to focus on monthly prayer time. Below is the St. Margaret's church family group for this month. Please remember each family group appears in the Magazine every three months. This is not to say you are not in our thoughts, you remain in our church family's prayers always, however this will allow for our growing church family, and also for us all to focus our thoughts and prayers specifically on those listed for that particular month.

If you would like to be included in our family monthly prayers, or have any queries please contact Revd. Chris Gonin on 01728 635549. If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we'll add you to our 'special prayers' section.

In our Church Family Prayers

Richard & Sandra Ellis

Kevin, Jess & Oliver Ellis

Christopher, Anna & Ada Ellis

Michael, Anika, Darcey & Jack Ellis

James Ellis & Kristi Brennan

Chris & Elspeth Gonin

Basil & Jean Jenkyns

Jean Crowter

Valerie & Maurice Allchin

John & June Geater

Sue Geater

Ron & Diana Geater

Mary Ages

Doreen Bardwell

Stephen & Claire Miles

Mary, Simon, Archie & Edward Reading

Daphne & Terri Roper

Pam Bloomfield

David & Lynn Bailey

Olive Wilson

Ann Wood

Peter & Jill Mower

Betty Harland

Joan Mower

Charlmaine, Lee, Luke & Liam Wright

Doreen Thomas

Vaughan & Jenny Windle

Liz Mills

Sue Watt

Colin & Penny Tipple

Barbara Moss

Rosemary Gale

Tom & Nona Wadsell-Campbell

Joan Fowler

Philip, Sandra, Emily, Ellie & Laura Harle

Eileen Griffiths

Grahame, Sylvia, Linda & Susan Hawes

Kirsty, Shane, Ceylon, AJ & Logan Stone

Jane Perrett

Paul & Judy Brett

Judy Foster



Special Congratulations

Warm congratulations to Kevin & Jess Ellis
on the safe arrival of their new bundle of joy,



Oliver Nathanael,
and to proud grandparents Sandra & Richard Ellis
from all your church family here at St. Margaret's Church.

In our Special Prayers



Joan Whale
Leah Crudgington
Robin Ellis

Sue Shotter
Stephen Bloomfield
Mary Allum



Funerals - June 2015

Tuesday 9th June Peggy May Baker

Thursday 25th June Sidney Graham Davis



'Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand'.
Isaiah 41:10

LET'S PRAY...

...FOR BOLDNESS & COURAGE

Acts chapter four tells the story of how Peter and John were arrested by the Temple guard for, "an act of kindness". A lame man, well known to those who worshipped, could now walk thanks to their confident intervention. Having been invited to walk by the power of the Lord Jesus Christ, he not only walked, but leapt and praised God and we are told the number of believers increased to over five thousand as a result of that miracle.

What headlines! What an outcome! Instead of rejoicing however, the elders and teachers of the law kept Peter and John in prison overnight and then interrogated them. As they gave a good account of themselves and were then released with a warning, Peter gave notice that if they were faced with a choice of obeying them or God, God would win every time. No doubt they were scared and at the same time placed their confidence in God. When they told the other disciples, they all turned to prayer.

Let's take a look at that prayer together. First they thanked God the Creator for his goodness (Acts 4 verse 24); then they recalled the wonderful things God had already done in the past. They recognized that what had happened to the Lord Jesus had been a fulfilment of king David's words long ago (Acts 4 verse 25-27). Only at this point of their prayer did they tell the Lord about their current crisis. God knew of course, and this is an encouragement to us to have confidence in telling God what we feel and think about the situation in which we find ourselves.

Having told the Lord about the situation, they bring their request for boldness and courage. "Now Lord, consider their threats and enable your servants to speak your word with great boldness. "verse 29. Notice they don't pray for protection, which I think I might be doing. They face up to the challenge of "feel the fear and do it anyway!" Even though they don't pray for protection they do pray for amazing things to happen. They ask that the Holy Spirit will heal the people of their day and perform miraculous signs and wonders through the Name of Jesus.

Verse thirty-one speaks of God's ready response. "After they prayed, "we are told," the place was shaken and they were all filled with the Holy Spirit."

Last month we began the "Let's pray..." article with the prayer suggested by St. Ignatius. "Grant Lord that all my intentions, actions and operations be directed purely to your praise and your service." It is a good place to end this month, for the prayer we have looked at from Acts chapter four demonstrates how Peter, John and the other disciples were in tune with the prayer St. Ignatius was to teach others to pray many years later. May the same be true of us.

Rev. Pauline Florance

PSALM 23 - A COMMENTARY

Apsalm of David.

The Lord is my shepherd; therefore can I lack nothing.

He makes me lie down in green pastures, and leads me beside still waters.

He shall refresh my soul, and guide me in the paths of righteousness for his name's sake.

Though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

You spread a table before me in the presence of those who trouble me; you have anointed my head with oil and my cup shall be full.

Surely goodness and loving mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever.

The Commentary

This is probably the best known and mostly used and loved of all the psalms. Perhaps too, it is well known because of one particular hymn tune Crimond. Shepherds in the Bible are used frequently as a metaphor for God hence 'The Lord is my shepherd.....!'. In addition from the Bible we learn how David, who was a shepherd, said to King Saul "Whenever a Lion or a Bear comes and carries off a sheep....I go after it and attack it!" (1 Samuel 17.34,35) Perhaps that is not the way the Spring Watch team would deal with it, but it emphasises the courage and pastoral care of the shepherd and the danger that a good shepherd faces. The Psalm goes on to emphasise how this image of the shepherd tells about God and his care for us. The danger God the Son faced in his life on earth is well known to us, coupled with the way St John in his gospel speaks of him as 'the good shepherd'. The psalm itself, in focussing on our pastoral care, with the imagery of the countryside, but does not run away from the difficulties of our lives, and our need of support at that time. It is a comforting Psalm where God is referred to as God the carer, God the reviver, God the rescuer and God the comforter.

Ref: The People's Bible Commentary – Donald Coggan BRF

Rev. Chris Gonin

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Notice: Items for Aug & September's Magazines:

Please note that all articles, adverts etc. will need to be submitted to Kathryn Williams by **Sun 12th July** for inclusion in Aug's Magazine & by **18th Aug** for inclusion in September's magazine. Thank you.

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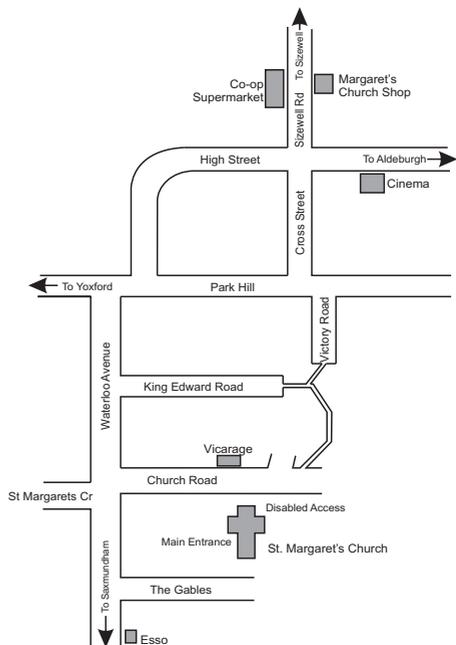
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