

# **ST MARGARET'S**

Parish Church for Leiston-cum-Sizewell



**WE WILL REMEMBER THEM**

**NOVEMBER 2020      £1**

## SERVICES ON SUNDAYS AT ST MARGARET'S CHURCH

10 am Holy Communion (Said service)

NB 9 30 am Holy Communion 8<sup>th</sup> November

All welcome

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In addition to these services, recorded services with members of the church leading prayers, giving Bible readings and a Homily are available via the internet. If you wish to receive these services please contact the Vicar.

## CONTACT US

**Priest in Charge:** Reverend Richard Finch: T.830421

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**Lay Elders:**

Mrs Pat Carter, 42 Haylings Road, Leiston T.831852

Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

**Church Wardens:**

Mrs Pat Carter: 42 Haylings Road, Leiston T.831852

One Vacancy

**PCC Treasurer:** Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston T. 833578

**PCC Secretary:** Mrs Pat Carter, 42 Haylings Road, Leiston T.831852

**'JAM' (Jesus & Me) Sunday School Leader:** Mrs Sandra Ellis T.832168

**Organist & Choir Master:** Mr Matthew Merrett

**Deanery Synod Representatives:**

Two Vacancies

**Resident Retired Priests:**

Reverend Richard Ellis: 9 Kings Road, Leiston T.832168

Reverend Pauline Florance: 1 Woodlands, Leiston T.768124

Reverend Jim Florance: 1 Woodlands, Leiston T.768124

**Website Editor:** Mrs Maureen Fox T.830929

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## The Season of Autumn

Meteorologically speaking Autumn embraces the months of September, October and November. However I like the approach of phenology which is the study of seasonal changes in plants and animal behaviour from year to year; in other words nature's way of living and adapting to the seasons circumstances.

Whilst my favourite season of the year is Spring, I also enjoy Autumn, though I am conflicted about it. On the one hand there is so much beauty in the rhythm of Autumn as the trees and shrubs majestically display their magical colours, but on the other hand during the latter part of the Autumn season a more cheerless even melancholy mood sets in. During November the trees finally shed their remaining leaves and animals prepare for the cold, dark days of winter.

Unlike human beings, plants and animals live in and for the present moment with no expectations or any concept of what lies ahead. Some will die, some will regenerate the following Spring. For them November is a time of rest and hibernation, having given of themselves throughout the year.

### A Threshold – a Time for Spiritual Reflection

Sometimes I think we forget that we human beings are part of this created order, in fact I would suggest we are integral to it. Unlike other living species many of us find it hard to live in or for the present moment. Either we tend to look longingly, often nostalgically, back into the past, or wondering, perhaps even worrying about what the future will be like. Like many people during these times of this Covid 19 pandemic I have been wistfully reflecting upon what has gone before but also contemplating what the future holds both for the world and for myself and those near and dear to me.

November is in some ways like a metaphorical threshold, a place of transition, a point or time of change. Change from one situation or set of circumstances to another, sometimes foreseeable at other times not: sometimes brought about by the decisions we make, but often brought about as a result of unforeseen events such as the pandemic the world is currently experiencing. Whether this was foreseeable or not is a moot point. Fear of the unknown tends to expose our vulnerability. In the context of this pandemic, what the future holds is unpredictable, though a new cliché, crassly referred to as 'the new normal,' is an attempt to take away the uncertainty and bring about a sense of stability, though these times are far from normal.

Richard Rohr, a Franciscan priest monk, referring to this place of transition as a threshold, says, 'we must leave business as usual – which often looks (*feels*) like sleep walking .... through daily life ..... and voluntarily enter a world where the rules and expectations are quite different'.

Rohr's words echo the writer of the book of Ecclesiastes, in the Old Testament, where he says, 'He (God) has made everything to suit its time; moreover he has given humankind a sense of past and future, but no comprehension of God's work from beginning to end .' *Ecclesiastes C3 v 11*

### **Is this pandemic a threshold?**

Well, in a way this pandemic is a threshold. It is a wake up call for the human race, by challenging the way we live out our lives, how we care for our neighbours and how we care for the environment, in fact how we care for God's creation. God is with us in these troubled and surreal times and I believe he is encouraging us and challenging us all to re-evaluate, re-asses our priorities, but we can only do this if we place our faith and trust in him.

The prophet Jeremiah writes'

'.... I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope. *Jeremiah C29 v 11*

Soon we will be arriving at the threshold of Advent when we say and hopefully sing 'O come O come Emmanuel, .... the third verse says,

O come thou dayspring, come and cheer  
our spirits by thine Advent here;  
disperse the gloomy clouds of night,  
and death's dark shadows put to flight.

*Rev Jim Florance*

\*\*\*\*\*

*Message from Reverends Jim and Pauline Florance*

\*\*\*\*\*

*Dear members of St Margaret's Church, after a considerable thought and prayer we have decided to put our house on the market. Pauline has had problems with arthritis for some time, but over the summer getting up and down stairs has become problematic. We therefore have been looking for somewhere which provides us with ground floor living accommodation. We hope to stay within to the Suffolk Coastal area. We very much value the fellowship and friendships we made over the past 10 years as members of St. Margaret's and thank the Lord for the opportunity and privilege he has given us of sharing ministry with you. Watch this space*

## Pondering Prayer

One of the ways we can learn to worship and pray consistently is to use the 150 Psalms of the Bible. After all, as I intimated last month, it was the prayer book of Jesus. Their purpose has always been to train us in a ‘conversation of language’ where, instead of talking **about** God, we actually talk **to** God.

By praying the Psalms as opposed to just reading them can be really beneficial as they take us out of ourselves. Instead of just praying out of the emotional overflow of our own personal circumstances the Psalms bring our feelings into line with the reality of faith experienced by countless people for thousands of years. Among so many others that is what Jesus Himself did memorising them from His youth and reciting these prayers even from the cross. For me, and perhaps for some of you already the Psalmist pulls out all human emotion – of life itself in all its guises – and brings it under the rule of God in prayer.

There are many ways to pray the Psalms and for this month I suggest the simplest way which is to work through them systematically. Start by reading one or two Psalms a day, maybe out loud, and allow those ancient sacred words to become your prayer. This allows the Psalms to gradually equip us to bring our old selves and truest conditions and feelings to God because every emotion we can possibly think of is included within those 150 Psalms allowing us to incorporate them into our own lives.

Monastic communities pray 5 Psalms a day and the whole Psalter in the course of every month. In my experience it can be very enlightening but I am not suggesting you should do that! Stick to the one or two to begin with and split the longer ones up over several days. You will probably still cover the Psalter twice a year. Take it slowly and perhaps let me know how you get on. But don’t get too carried away. I suspect that most if not all who read this are monks so God does not expect you to pray like one. He just wants to get closer to you and for you to be closer to Him which is what prayer is for. As humans we get to know each other through conversation. So converse with God and get to know Him.

A prayer which could follow reading Psalm1:

*Christ our wisdom, give us light in your law, that we may bear fruits of patience and peace in the kingdom of the righteous; for your mercy's sake.*

Br.Christian

# THE ROYAL BRITISH LEGION POPPY APPEAL 2020

This year the Poppy Appeal will be very different from previous campaigns I have organised. Because social distancing (so vital in view of Covid-19) cannot be ensured there will be NO house-to-house collections or collecting in the street this year.

However the East of England Co-operative Society has given permission for collections to take place in their Leiston store. Volunteer collectors will be in store on **Thursday 29<sup>th</sup>, Friday 30<sup>th</sup> and Saturday 31st October and on Thursday 5<sup>th</sup>, Friday 6<sup>th</sup> and Saturday 7<sup>th</sup> November during the hours of 9 am until 2 pm** on each of those days. Poppies, Remembrance crosses and metal 2020 Poppy brooches will be available alone with other items. TRBL Poppy Appeal headquarters has provided masks, gloves, wipes and sanitizer for use by the volunteers and members of the public visiting the stall. There will be a limited number of collection boxes in other premises in the town. **Please remember to use social distancing at all times.**

Regular volunteers are being contacted to arrange ways in which they can help if they wish. As always new volunteers are always welcome. Please contact me either by email [pm42carter@gmail.com](mailto:pm42carter@gmail.com) or telephone 01728 831852.



Please support The Royal British Legion Poppy Appeal!

Pat Carter, Local Organiser

## Forever Young written by Bertha Woodridge

1 We laughed, and loved, and lived our lives  
With no thought for the morrow,  
We didn't know that very soon  
There would be so much sorrow.

3 But all too soon we had to go,  
To leave this land of beauty,  
We fought to keep our loved ones safe,  
We had to do our duty.

2 For suddenly the world grew dark,  
And war was very near,  
We didn't want to go, to leave  
The ones we held most dear.

4 And now we lie in foreign lands,  
In Europe's fields, and desert sands,  
In Asia's jungles, oceans deep,  
And for Eternity we'll sleep.

5 Now when you kneel to say a prayer,  
And all the hymns are sung,  
Remember us, your fallen friends,  
Who are forever young.

## NOVEMBER

A month in which we remember our brave men and women who fought for our country. It will be different this year and I shall miss The Festival of Remembrance service and the march pass at the Cenotaph. But I will still wear my poppy with pride.

It's also Bonfire Night, we had a few fireworks as children, but you could only get them on the day, and I can remember my Mum queuing up at Mr East's shop. I can't think why he had them as it was a drapery shop, such a lovely shop. My sister-in-law Linda lived at The Fitches and in the middle was a big piece of grass used for football, rounders, cricket and all sorts of games. From the end of August the children would start building the bonfire for 5<sup>th</sup> November. The boys would be on the common getting all the dead wood (scrub), dragging big pieces behind them – no bungalows or school built then, just all common. Linda said all sorts of stuff was put on the bonfire and it was huge. On the night the Dads made sure all was safe, and loads of jacket potatoes, all ready to cook, were around the bottom. The families had fireworks which they pooled together. Linda said there were big families so they didn't have much money, but one family had a little girl and she had loads of fireworks so she shared them with everyone, her Mum and Dad lighting them.



People sat outside even when it was cold as the heat from the bonfire kept people warm. Next morning the green was empty after weeks of seeing the bonfire. All that was left was a pile of ashes. Linda said it was always remembered by people who lived there and even if they moved away, and came back to visit, they always spoke about The Fitches bonfire. We didn't have a lot as children but so many happy memories which no-one can take away.

This virus is still with us but all we can do is be there to help one another and pray to keep free from it.

MARGARET CLARKE

## SUNDAY SCHOOL IN THE MISSION CHURCH



The above photograph is of one of the three Sunday schools attached to St Margaret's Church. They were held in the Church Hall, the Co-op Hall (now under the Co-op car park) and the third at the Mission Church in Dinsdale Road.

The adults are (left to right) Mrs Bailey, Mrs Scopes, Mrs Songer, Mrs Peck, Mrs Martin, Mrs Langston, Elizabeth Shreeve (now Green), Mrs Mower.

This photograph was loaned by the family of Phyllis Songer

The adults have been named now – over to you. How many of the boys and girls can you name? It would be lovely to list them all in the next magazine. Contact details are on page 2.

Jill Mower has loaned me some photographs of church activities and I hope to include them in a future magazine. Have you got any hidden away which you think others will enjoy seeing? Please get in touch if you have.



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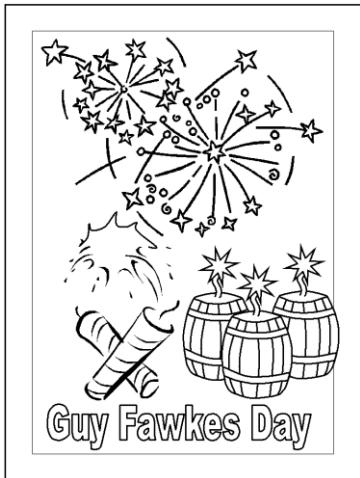
- Debt
- Employment
- Benefits
- Housing
- Relationships
- Consumer rights
- Utility bills
- Or anything else?



Leiston,  
Saxmundham  
& District

# Kids Zone

Welcome to 'your page' Activities to enjoy!  
This month a picture to colour and a word search  
and some beautiful fireworks



## All Things Bright And Beautiful Word Search

This is a bit of a challenge but get Mum and Dad to help!

B	E	A	U	T	I	F	U	L	B
R	L	I	P	S	H	D	N	I	W
I	C	K	U	W	E	I	D	O	I
G	R	N	D	P	A	G	N	M	S
H	N	C	O	L	D	D	I	G	E
T	A	I	E	T	E	S	N	U	S
H	H	M	N	R	D	G	B	W	F
E	O	O	F	R	R	R	L	E	R
M	E	U	C	E	O	Y	O	L	I
E	L	N	A	A	N	M	S	L	P
L	P	T	L	C	J	R	V	K	E
L	R	A	L	M	I	G	H	T	Y
A	U	I	S	V	O	A	N	D	E
M	P	N	E	D	A	M	B	T	S
S	E	R	U	T	A	E	R	C	A

ALL	CREATURES	THINGS	BRIGHT	BEAUTIFUL
WONDERFUL	GREAT	SMALL	WISE	
THEM	LORD	GOD	MADE	
RIVER	PURPLE	HEADED	MOUNTAIN	
EYES	SUNSET	MORNING	SKY	
AND	LIPS	ALMIGHTY	WELL	
RIPE	COLD	WIND	SUN	



# ANOTHER BIBLE QUIZ THIS MONTH

- 1 Melchizedek was king of which city?
- 2 Who wrote the 23rd Psalms?
- 3 In which book of the bible is the parting of the Red Sea?
- 4 What did King Solomon ask God to give him?
- 5 Whose weapons were 'trumpets, pitchers and lamps' when he fought the Midianites?
- 6 What are the first three words in the book of Genesis?
- 7 What was Simon of Cyrene compelled to do by the Romans?
- 8 Which is the last book in the Bible?
- 9 Adam and Eve had three children, two were Cain and Abel, name the third?
- 10 John the Baptist baptised Jesus in which river?
- 11 Where did Jesus perform his first public miracle?
- 12 What is also known as the Decalogue?
- 13 Can you name the Hebrew mother of Moses?
- 14 Which book is the third book of the Hebrew Bible?
- 15 Who asked for the head of John the Baptist?

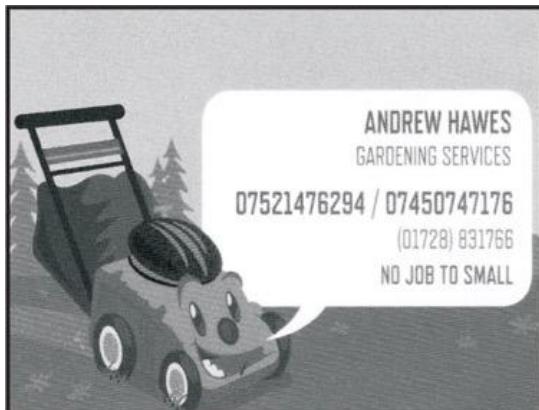
Answers next month

## ANSWERS TO OCTOBER QUIZ

- |                  |           |                 |                    |              |           |
|------------------|-----------|-----------------|--------------------|--------------|-----------|
| 1 Curse          | 2 Saul    | 3 Lot's         | 4 John the Baptist | 5 350 years  | 6 Gabriel |
| 7 The word 'God' | 8 Aramaic | 9 John Wycliffe | 10 Psalms          | 11 Bethlehem |           |
| 12 Matthias      | 13 Aaron  | 14 Gopher wood  | 15 Joshua          |              |           |

**When contacting any of the businesses advertised,  
don't forget to mention you saw their advert in the  
St. Margaret's Magazine!**

**PLEASE NOTE: Andrew Hawes no longer uses  
Mobile number 07521476294**



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## Phyllis and Barbara

In 2020 St Margaret's lost two wonderful ladies, Phyllis Songer and Barbara Moss, both longtime worshippers and always ready to help out in any way they could.

Patsy reminisces:

I met Phyllis in the late 1970's when she was employed in our Leiston Fruit Shop. Phyllis was not only an employee she became part of my family and my boys knew her as "Aunty Phyllis". Every Sunday Phyllis would collect Mark and Daniel for Sunday School and she soon got her knitting needles out when I became pregnant with Aaron.



In the early 1980's I realised how many Suffolk Rusks dear Phyllis was making for Church events as well as the Darts teams that she supported. As time went on in the early 1990's I opened my garden for St Margaret's and from then on Phyllis helped me fundraise for the Roof of the Church and the Organ. In the mid 1990's when we opened Margaret's Shop Phyllis, along with many of the congregation, volunteered their time and listening ears to serve and talk to customers whilst raising many thousands of pounds for our Church. Phyllis did so much, she was there from day one. She filled in when others couldn't do their shift, took responsibilities others couldn't do and even roped her husband Bruce in when he retired.

Dear Phyllis was such a faithful servant, always ready to help. I remember that day when she stood there in her Turquoise Raising the Roof sweatshirt and said, "Patsy, I can't give lots of money but I can give my time". God Bless you Phyllis. We could always rely on you.

Barbara, like Phyllis, was a member of the Ladies Group and joined in all our activities to the full. Every summer she opened her home and garden in Eastward Ho to us for our annual barbecue. Dear Freddie was always in charge of the barbecue and what a wonderful job he made of it. We enjoyed superb salads and fabulous desserts, prepared by Barbara and Betty. Barbara, with a husband and four sons, certainly was an experienced caterer and everything she served was so tasty. St Margaret's enjoyed her cooking at countless lunches and Harvest suppers. Cakes she baked for fetes and fundraising events were always beautifully made and were soon bought.



*We send our best wishes to the families of both these ladies.  
We miss them and how much more must be your loss.*

## SUFFOLK HISTORIC CHURCHES TRUST 2020

The 39<sup>th</sup> Bike Ride and Stride has once again been very successful for Leiston St Margaret's Church although in very strange circumstances because of Covid-19. Last month in this magazine Grace Nash wrote about her ride this year with her father Trevor. Three people took part raising money for our beautiful church and also for the Suffolk Historic Churches Trust. The Trust makes a massive contribution to the preservation and future of the churches and chapels in Suffolk.

Everyone has now paid their sponsorship money and the total paid is the magnificent sum of £371, a slight decrease from last year's total. The money has been paid to the Suffolk Historic Churches Trust, half of this sum (£185 50) has been returned to us for the work of this church.

I would like to thank all those who took part and those who sponsored our riders. Our church had 23 Riders and Striders signing in, which is only two less than last year. A special "Thank You" to Grace and Trevor Nash, Terri Roper and Paul Marshall who cycled many miles for their sponsorship. I would like to say an additional special "Thank you" to those who sat outside the church in the sunshine and welcomed our visitors. Our participation in the Ride and Stride could not take place without your support.

PAT CARTER

+++++

### HILDA LOOKS BACK

When you live alone different things come into your head and I suddenly thought of Blind Will Cook. Years ago when I was organist at Knodishall Church, Blind Will would walk from Thorpeness to Knodishall Church to pump the organ, rain, hail, snow or blow. He knew the church service well and when to start pumping the organ, he never had to be told. There was no payment in those days and no tea or coffee, all done for love. What a servant! I cannot imagine anyone doing it today.

Our planet has also changed – no meadows of spring flowers or bluebell woods. As a child I remember after school, Mum would give me the milk can to fetch a pint of milk from the local farm, straight from the cow, it was warm and creamy. 4p a pint. Those were the days, poor and happy like Blind Will.

Stabbings and burglary seem more the order of the day. Where is love? Thank God, I believe also in the rainbow which has a great meaning to me and my daughter.

May God bless all my church friends, Hilda

# ST MARGARET'S CHURCH TOWER LIGHTS UP



**During October the lighting of the Church Tower  
was sponsored on:**

**Thursday 8<sup>th</sup> to Sunday 11<sup>th</sup>  
For Baby Loss Awareness Week  
Sponsored by Pamela O'Hara**

**Friday 9<sup>th</sup>  
For Pat  
Much loved and missed wife, mother and  
grandmother**

*\*If you would like to mark a special occasion by  
sponsoring the lighting of the Church Tower for a donation of £5 per day, please  
write the details in the diary provided in church, then place the completed payment  
envelope in the wall safe. Many thanks.*

*\*If you would like to arrange to light the tower during the lockdown period, please  
contact Sandra (contact details page 2)*

## Special Prayers

David



## CONGRATULATIONS

To Emily and Robin on the occasion of the birth of Joel Robin Oxborrow on  
5 October, first grandchild for Sandra and Philip Harle

And

To Kim and Dan on the occasion of the birth of Florence Nola Keeble on 14 October,  
granddaughter for Jackie and Adrian Shotter and sister for Indi

## HARVEST CELEBRATIONS AT ST MARGARET'S



On 4<sup>th</sup> October harvest was celebrated in church in a slightly different way. We wished to give thanks to God for the crops that had been grown and gathered. It was felt it would be good to create a display around the altar including hanging a banner from the front of the altar. The congregation were asked to draw, write, and collect pictures which suggested what harvest meant to them. Lots of pictures were given in and these were made into the colourful banner pictured above. Baskets were available for people to create floral tributes. At the end of the service people were able to take their flower arrangements home, to keep or to give to friends or neighbours.

Instead of donations of food being brought to church it was suggested that, donations to help others, were taken to the various Foodbank collection points in the local shops.

## Art exhibition

Jenny and I would like to thank all of you who supported us by their visits during the week. It was good to see so many friends.

Producing all the new work was a way of keeping sane during a long summer when we were unable to travel. I would recommend to anyone the pleasures of picking up a pencil or a brush and 'doing some art'.

Vaughan

# **Psychological First Aid**

There still is no “let up”, it seems, in the daily reporting of the Covid pandemic. For a while we were hearing optimistic views of how we were progressing and it all seemed to be going well with the R number below 1. Things were going well but with the approach of winter this is no longer true. At the moment we receive one new blow after another and then we add to this racial issues and the economy. How much more doom and gloom can we take before we reach overload?

If we twist an ankle or cut a finger we all know how a simple bit of first aid will help us on the way to recovery. Most wounds to our physical state are quickly dealt with. But how do we deal with the wounds to our mental state?

An article in the Washington Post suggests that Psychological First Aid is the answer.

It is possible to dial down our stress reactivity and come to our own emotional rescue (and that of others) with PFA based strategies. Here are a few recommendations.

## **Make sure we look after our basic bodily needs.**

Keep warm and dry. Eat a healthy diet. Do not be tempted to binge on chocolate. Drink plenty of water and get plenty of sleep. If possible do some form of physical exercise every day and, like the chocolate, avoid alcohol and cigarettes. A lot of us have been doing this for years, so, keep it up and establish a baseline routine that works for you.

## **Avoid further harm.**

Keep our own specific environments safe. From here we can treat ourselves and others with respect. Remind ourselves that the way we feel at this moment is perfectly normal. At the same time we can protect ourselves from information overload. There is no doubt that there is conflicting information being given. Limit exposure to the media; turn off the news. Concentrate on what we can control rather than things we can do nothing about.

## **Keep calm and carry on.**

Set up a calm relaxing routine. Find an activity that is enjoyable and encourage others to do the same. Yoga, mindfulness and deep breathing are suggested. Do something every day. This is a great way to de-stress.

## **Set priorities**

It is easy to feel overwhelmed with worries and fears. PFA encourages us to consider our most urgent needs and how to address them rather than those things that can wait.

Focus on protection, following the hand washing, face covering guidance which is proven to be very effective. Set a goal each day. “I choose to...” Tick off these chosen goals at the end of the day.

## **Build hope**

Stay positive. What is going ‘right’ in our lives at this moment? Think about this or even write a list. Keep a gratitude journal. It could be as simple as a compliment from a friend, the scent of a flower as we pass by. The more good things on the list the lighter will be our mood.

## **Connect with others**

We all need the support of other people. Reach out to family and friends using the abundance of social media. Practise “physical distancing” rather than “social distancing”. Make an effort to rekindle old friendships by phone, text, email or video.

## **Practise good communication**

Be willing to listen to anyone in distress. Give them your full attention without putting pressure on them to talk. Listen without trying to give advice and solve everything. Try to understand the other persons concerns and show empathy.

## **Reinforce coping skills**

How have we and others coped with difficult situations in the past; what strategies have been used. Let us encourage one another to use those strategies now in this current situation. After handling hardships many people come out stronger. Let us hope this will be the case for us. PFA may well help.

This is a very loose précis of the Washington Post article by Stacey Collino Sept 22nd 2020. It is online.

Stay safe

Vaughan

# ST. MARGARET'S CHURCH FAMILY

## INTERCESSION PRAYERS FOR NOVEMBER 2020

Dear Friends

November's magazine continues to focus on monthly prayer time, with the St Margaret's Church family group for this month as shown below. There are three family groups with each one appearing in the magazine every three months. However, you remain in our thoughts and prayers always.

If you would like to be included in our family monthly prayers, or have any queries please email [stmargaretsleiston@gmail.com](mailto:stmargaretsleiston@gmail.com). If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we will add you to our 'special prayers' section.

### In our Church Family Prayers

Martin Phillips-Last	Bruce Songer
Simon, Sheena, Tom & Matt Merrett	Stephen & Gail Southgate
Sheila Mckinnon, David & Midge	Naomi Kerans
Mckinnon	John & Sue Last
Phil, Sue, Joshua, Charlotte, Connie &	Helen Rivett
Greg Watson	Judith & Mike Stigwood
David & Cindy Fitsell	Maureen Fox
Emma Fitsell	Wayne, Ben & Niamh Fox
Paul, Alexander, Aidan, Cory &	Fi Long
Amyleigh Fitsell	Allison King
Jonathan, Kathryn & Joshua Williams	Luke, Asha & Jai Mewett
Mike & Lesley Cassie	Clare & Kane Hambridge
Vi Matthews	Peter & Jenefer Roberts
Stephanie Luckhurst	Charles & Pauline Stride
Joan Whale	Steve, Christine & Nathan James
Paul Espindola	Derek & Sheila Stiff
Ann & Peter Essex	Eileen Free
Mary Murphy	Philip, Ian & Susan Huxley
Jo Tozer	Hannah, Stuart & Teddy Tilbrook
Sue, Dale, Ewan & Cameron Threadkell	Lynn and Dave Blake, Gemma, Craig,
Joan Huxley	Florence and Arthur

# St Margaret of Antioch



Parish Church of Leiston-cum-Sizewell  
Church Road, Leiston, Suffolk IP16 4HG

## NOTICE: Items for December's magazine

Please note that all articles, adverts etc. will need to be submitted to Pat Carter by **18 November** for inclusion in the December Magazine. Thank you.

Email: [pm42carter@gmail.com](mailto:pm42carter@gmail.com)

The Parish Magazine is available from St Margaret's Church. Delivery can be arranged.

Keep up to date with all Church Events

By visiting our own website

[www.stmargaretschurchleiston.onesuffolk.net](http://www.stmargaretschurchleiston.onesuffolk.net)

## How to Find Us

