

**ST MARGARET'S**  
**Parish Church for Leiston-cum-Sizewell**



OCTOBER 2017

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£1

# **CHURCH SERVICES**

## **SUNDAY 1 OCTOBER**

9.00 HOLY COMMUNION SERVICE

10.30 FAMILY PRAISE & WORSHIP SERVICE

## **SUNDAY 8 OCTOBER**

10.00 PARISH EUCHARIST SERVICE & J.A.M. SUNDAY SCHOOL

## **SUNDAY 15 OCTOBER**

10.00 'WELCOME TO THE TABLE' FAMILY HOLY COMMUNION SERVICE

## **SUNDAY 22 OCTOBER**

10.00 PARISH EUCHARIST SERVICE & J.A.M. SUNDAY SCHOOL

## **SUNDAY 29 OCTOBER**

10.00 PARISH EUCHARIST SERVICE & J.A.M. SUNDAY SCHOOL

## **CONTACT US**

**Priest in Charge:** Vacancy

**Reader:** Mr Bernard Smith: 3 Daneway Gardens, Leiston **T.830105**

**Lay Elders:**

Mrs Pat Carter, 42 Haylings Road, Leiston **T.831852**

Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston **T. 833578**

**Church Wardens:**

Mrs Pat Carter: 42 Haylings Road, Leiston **T.831852**

Mr Peter Roberts, Meadowcroft, East Green, Kelsale **T.603772**

**PCC Treasurer:** Mrs Sandra Harle: 4 Lime Tree Avenue, Leiston **T. 833578**

**PCC Secretary:** Mrs Pat Carter, 42 Haylings Road, Leiston **T.831852**

**'JAM' (Jesus & Me) Sunday School Leader:** Mrs Sandra Ellis **T.832168**

**Director of Music:** Mr Jonathan Williams **T.604733**

**Deanery Synod Representatives:**

Miss Rosemary Gale **T. 832105**

Mr Simon Merrett **T.830900**

**Resident Retired Priests:**

Reverend Richard Ellis: 9 Kings Road, Leiston **T.832168,**

Reverend Pauline Florance: 1 Woodlands, Leiston **T.768124**

Reverend Jim Florance: 1 Woodlands, Leiston **T.768124**

**Website Editor:** Mrs Kathryn Williams **T.604733**

**Magazine Editor:** Mrs Marian Peskett: **T.833537 Email:** t.peskett@sky.com

## **'We plough the fields and scatter the good seed ...'**

I've always been a 'fruitaholic'! Right from my early days, just after the war, when my mum used to position my push chair under our cherry tree in the garden of our home in Britannia Road Ipswich, I've never lost my love of fruit.

In the 1970's I was living near Hythe in Kent. The county of Kent was variously known as the fruit basket or garden of England and was famous for its variety of apples, cherries and other soft fruits, not forgetting the hops that were also grown there. During the summer we often went, as a family, on 'fruit picking' expeditions at the weekends. We almost ended up eating as many as we collected.

Whereas Kent was known for its fruit Suffolk and Norfolk have always been famous as the 'bread basket' of England. According to my nostrils it seems as if oil seed rape has become the dominant crop today. In the fenlands around 'The Wash', north-west Norfolk, Cambridgeshire and south Lincolnshire vegetables and salad crops are the main cultivation. Today, it seems to me, these are harvested almost all the year round.

I remember my father telling me, when he was a minister in Pakefield, Lowestoft, during the 1930s, the theme of their church harvest festivals centred upon fish, celebrating and giving thanks for the work of the trawler men who often put their lives at risk when going to sea.

It is so important to remind ourselves how the food that sustains us, arrives on our tables; how it has been tended, nurtured and harvested. Whether the crops are imported or home grown, whilst human hands, with or without machinery, have done the hard and often dangerous work, it is our Creator God who has provided us with the skill and resources with which to grow our food.

The Bible is full of illustrations about animal husbandry, arable farming, fishing and food. Unlike today, growing their own food and rearing their animals was

a way of life. Jesus always used examples of familiar things around him in his teachings about the Kingdom of heaven. You may remember the parable of the sower in which he illustrates how you have to have the right soil for the types of seed you intend to plant. (*see St. Mark's Gospel Chapter 4 v 1 to 9*)

We often speak of sowing seeds of ideas which we hope will be picked up and enthuse others. In the context of the Christian faith such seeds will hopefully bring people into a relationship with God. As Mark's Gospel says, 'The sower sows God's message'. Unfortunately, there are occasions when 'bad' seeds or thoughts are sown in people's minds which can have exactly the opposite effect causing discord, hurt and unhappiness.

Luke explains in his Gospel that the good soil represents those who bring a good and honest heart to the hearing of the Word of God, hold it fast, and by their perseverance yield a harvest. (*Luke 8 v 15*) So the picture is, following our theme of harvest, that we receive 'good seed' from the Lord Jesus and in turn we need to take care to sow 'good seed' in all our interactions with others.

**Rev'd Jim Florance**

### **Christian Aid Harvest Prayer**

The earth is fruitful  
may we be generous.  
The earth is fragile  
may we be gentle.  
The earth is fractured  
may we be just.  
Creating God,  
harvest in us joy and generosity  
as we together share in thanks and giving

**Amen**

# **ST. MARGARET'S CHURCH TOWER LIGHTS UP**



**During September the lighting of the Church Tower was sponsored on:**

**Saturday 2 September**

In memory of my dear husband Ron, and a celebration of our wedding anniversary

**Saturday 9 and Sunday 10 September**

In celebration of our beloved son Max's 41st birthday. Leslie and Mike

**Tuesday 12 September**

In memory of my dad, Ernest Roper, who died in 1990

**Tues 19 September**

Remembering Gwendoline Keen on her birthday. Love from all her family

**Saturday 23 September**

Happy Birthday, Donna! Love from Pat and Tony

If you'd like to mark a special occasion by sponsoring the lighting of the Church Tower for a donation of £5 per day, please write the details in the diary provided in church, then put the completed payment envelope in the wall safe. Many thanks.

# St.Margaret's

Church Road, Leiston

## 'Lights to Remember'

Thursday 2nd November at 7pm

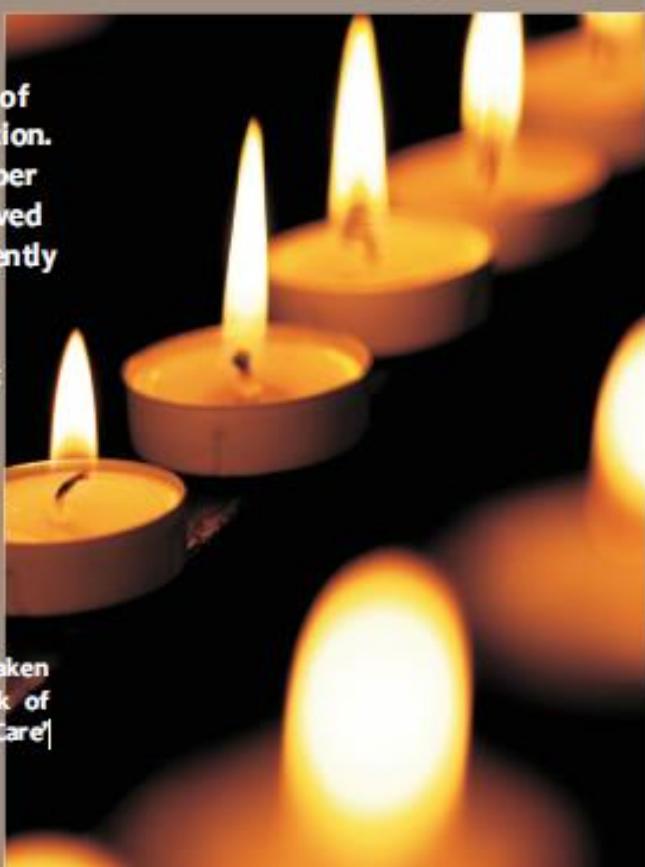
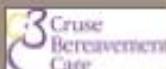
A special service of  
Readings & Reflection.

A time to remember  
those known & loved  
who have died recently  
or in the past.

Come and light  
a candle  
in memory  
of a loved one



A collection will be taken  
to support the work of  
'Cruse Bereavement Care'



# Pondering Prayer

The 18 September was designated Town Pastor Sunday.

In the Old Testament we read about Abraham, who was very concerned for the people of Sodom, where his nephew had settled. Abraham spent considerable time praying, indeed almost negotiating with God about the bad state of affairs in that town.

Many years later Nehemiah grieved before the Lord because he heard of the terrible state Jerusalem was in, and after much prayer Nehemiah was able to tell the king of the plight of his people. God blessed his courageous act and sent him as the king's ambassador to begin to rebuild the city.

So we are in good company when we pray for our town and for the work of Town Pastors, who go out in many of our Suffolk towns to support people looking to enjoy themselves and helping when difficulties arise. Someone wrote to me about Town Pastors being people who are Jesus' hands and feet on the streets, going out on God's behalf to restore joy, when issues arise, not to kill joy.

Town Pastors fit neatly into that category of people who are 'those able to help others'. That gift of offering help is described as a gift the Holy Spirit gives to some of his people. When a Town Pastor team is out on the street, if someone is in need of diluting their intake of alcohol, the pastors are there with a supply of bottled water. When young women can't stand their high heels any longer and don't feel safe, they have flip-flops on hand and often their very presence helps diffuse tension. I firmly believe that is because there is another group of people backing them up in prayer.

Each Town Pastor is expected to have three people praying for them and at the same time there are others on duty praying in their homes, whilst the people who man the base, also pray for the team out on patrol.

God promises that if his people will humble themselves and pray, seek his face and live the way they believe he longs for them to do, then he will hear from heaven and bless their land.

We are encouraged to stay alert and to be persistent in prayer. We are also challenged to be gentle with one another, making allowances for each other's faults because we love one another. If we focus on being a loving supportive community we can anticipate good things happening around us.

A prayer: Heavenly Father, give me a desire to walk in your ways.

Bless the ministry of Town Pastors and heal our land, for Jesus' sake

Amen.

**Revd. Pauline Florance**

## **LEISTON COMMUNITY DEFIBRILLATOR**

We had a great little official launch event on Monday 25 September. There was a worrying moment when we were waiting for the man from the ambulance service to arrive. Satnav problems! And thankfully the weather was lovely. It would have been nice to have had a few more residents as the men from the ambulance service and the company which installed the cabinet F.O.C travelled over from Ipswich.



In the photo are from L-R: Jack Wright (Vertas), Nick Harmer (Engie), Cllr Morsley, Richard Smith (East of England Co-op), Cllr Last, Cllr Ginger, Cllr Boast, Linda Hawes (Leiston Community Defibrillator), Carl Carrington (East of England Ambulance Service), Cllr Hill (Chairman of Leiston Town Council), Cllr Pratt (Suffolk Coastal District

Council), Jo Riches (Leiston Community Defibrillator), Magda Chandler and Sylvia Hawes. Photo taken by Graham Hawes and the lovely bow was made by Karen Lear. We are now planning a drop-in awareness evening for people to learn how to use the defibrillator and CPR.

**Linda Hawes**



## OPERATION CHRISTMAS CHILD – SHOEBOX APPEAL 2017

Last year, members and friends of our church took great delight in filling 34 shoeboxes for the above appeal. If you would like to take part in this year's appeal, you can either:

- (a) Fill your own shoebox,
- (b) Donate items for joint shoeboxes, or
- (c) Make a cash donation towards shipping costs involved.

### **ITEMS WHICH CAN AND CANNOT BE INCLUDED ARE:-**

**TOYS**: Include items that children will immediately embrace such as dolls or stuffed toys (with CE label), toy trucks, harmonica, yo-yo, skipping rope, ball, small puzzles etc.

**SCHOOL SUPPLIES**: Pens, pencils & sharpeners, crayons or felt pens, stamps & ink pad sets, writing pads or notebooks & paper, solar calculators, colouring & picture books etc.

**HYGIENE ITEMS**: Toothbrush and toothpaste, bars of wrapped soap, comb or hairbrush, flannel.

**OTHER ITEMS**: Hat, cap, gloves or scarf, sunglasses, hair accessories, jewellery set, wind up torch, wrapped sweets (best-before-date must be at least March of the following year).

**DO NOT INCLUDE**: used or damaged items, war related items such as toy guns, play soldiers or knives; chocolate or other food items; liquids or lotions of any type including bubbles; medicines; hand-made or knitted stuffed toys; anything of a political, racial or religious nature; playing cards (of the 4-suit variety); sharp objects; glass containers, mirrors or fragile items; clothing other than as listed above.

Our boxes will need to be ready for collection by mid-November. Leaflets giving full details can be obtained from Sandra Harle.

Finally, to raise some funds to help with the shipping costs of the shoeboxes we fill, we will be holding a **BRING & BUY STALL after the 10am service on Sunday 15 October**. The following day, Monday 16 October, the Church Ladies' Group will meet to start filling the shoeboxes so any donations received by then will be much appreciated.

Sandra Harle

## **ALDE VALLEY SUFFOLK FAMILY HISTORY GROUP**



### **"Ups & Downs: Barnardo's Foster Children in Suffolk 1890-1950." a talk by Peter Davidson**

The October meeting of the Alde Valley Suffolk Family History Group will be a talk by Peter Davidson entitled "Ups & Downs: Barnardo's Foster Children in Suffolk 1890-1950."

It's a little known fact that over this sixty year period thousands of children from Dr Barnardo's Homes were boarded out with families in rural East Anglia. The talk explores the stories of these children, some of whom ended up a long way from Suffolk, while others still live close to where they were brought up.

Peter Davidson is Chairman of Wickham Skeith History Group as well as History Recorder for the village. After a career in the chemical industry he studied History at the University of East Anglia. He has particular interests in family & local history and has been researching the subject of this talk for around 5 years. Whilst much of his research has concerned Wickham Skeith it has expanded into other areas of Suffolk including Leiston & the surrounding area.

The meeting will be held at 7.30pm on Monday 16 October at Leiston United Church (URC/Methodist), High Street, Leiston, IP16 4EL. Entrance is not at the front of the church, but on the left hand side as you face the building. Parking is available in the

Co-op/Solar car park which adjoins it, but you must sign your vehicle in at the tills in the supermarket or face a charge of £100. Visitors welcome. Admission: members £1, visitors £3, incl tea/coffee.

**Further Programme:**

20 Nov "History of the Leiston Quakers" - Ruth Hawthorne & Seija Tattersall - at 2.30pm at Aldeburgh Community Centre

**Maggie Strutt**

## **CHRISTMAS APPEAL FOR CHRISTIAN AID**

For the twelfth time I will be sending a donation to Christian Aid to help those less fortunate than myself. This donation will be in lieu of buying and sending Christmas cards to my church friends at St Margaret's. The gift catalogue shows a wonderful array of useful gifts which will help those who receive the gifts to become self-sufficient.

If you would like to join me in this, as many of you have in previous years, please let me have your donations by cheque made payable to Christian Aid by Sunday 10 December.

**Pat Carter**



Full of fun, activities to enjoy



### Harvest Fruit & Vegetables Search

SEARCH THE PUZZLE TO FIND AND CIRCLE THE WORDS IN THE WORD LIST. WORDS IN THIS PUZZLE ARE HIDDEN ACROSS AND DOWN.



APPLE  
BEANS  
BEETS  
BROCCOLI  
CABBAGE  
CARROTS  
CAULIFLOWER

CELERY  
CORN  
EGGPLANT  
FIGS  
GRAPES  
ONIONS  
PARSNIPS

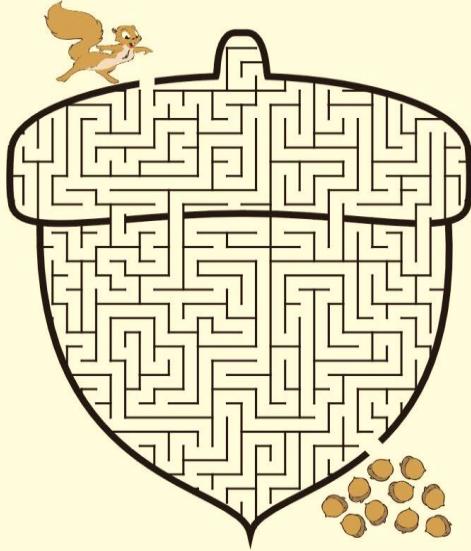
PEARS  
PEPPERS  
POTATO  
PUMPKIN  
SQUASH  
TURNIP  
YAMS

T	W	O	U	C	E	L	R	Y	A	R	X	Z	B	
W	O	P	T	F	H	C	A	P	P	L	J	I	M	
D	L	R	T	V	C	O	R	N	G	B	Q	H	W	I
S	T	M	E	D	D	P	A	R	S	N	I	P	S	Z
T	U	F	V	Y	A	M	S	P	B	E	T	S	A	
B	R	O	C	C	O	L	I	P	U	M	P	K	N	P
O	N	I	O	N	S	N	S	N	S	H	M	K	N	P
C	I	C	A	U	L	I	F	L	O	W	E	R	C	E
A	P	L	D	F	E	G	G	P	L	A	T	A	P	
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R	U	U	O	Z	U	Z	O	N	Y	P	B	B	E	
O	G	R	A	P	E	S	T	T	Z	V	J	E	A	R
T	K	N	U	V	A	V	A	Q	H	C	L	A	G	S
S	P	E	A	R	S	N	T	Q	I	I	L	N	E	M
A	S	Q	U	A	S	H	O	Q	Q	V	R	S	Y	G





Help the squirrel through the maze to find its acorns



### Autumn Sudoku

Every row, column and  
mini-grid must contain the  
letters L E A F.  
Don't guess - use logic



F			
			A
L			
			E

**JAM** Jesus and Me

Want to hear more about Jesus? Come along to  
our 'JAM' sessions. Kids of all ages welcome!  
Sunday 8, 22 and 29 October – At 10.00 am

# **ST. MARGARET'S CHURCH FAMILY**

## **INTERCESSION PRAYERS FOR OCTOBER 2017**

Dear Friends

October's magazine continues to focus on monthly prayer time, with the St Margaret's Church family group for this month as shown below. There are three family groups with each one appearing in the magazine every three months. However, you remain in our thoughts and prayers always.

If you would like to be included in our family monthly prayers, or have any queries please email [stmargaretsleiston@gmail.com](mailto:stmargaretsleiston@gmail.com). If you feel you would prefer to be remembered in a particular month then please let us know. Also, if you have a specific need for additional prayer time then please let us know and we will add you to our 'special prayers' section.

### **In our Church Family Prayers**

Richard & Sandra Ellis	Mary, Simon, Archie & Edward Reading
Kevin, Jess & Oliver Ellis	Valerie and Maurice Allchin
Christopher, Anna and Ada Ellis	Betty Harland
Michael, Anika, Darcey & Jack Ellis	Judy Foster
James & Kristi Ellis	Charlmaine, Lee, Luke & Liam Wright
Chris & Elspeth Gonin	Doreen Thomas
Basil & Jean Jenkyns	Vaughan & Jenny Windle
Jill Mower	Liz Mills
Sue Watt	Jean Crowter
John & June Geater	Colin & Penny Tipple
Sue Geater	Barbara Moss
Ron & Diana Geater	Tom & Nona Wadsell-Campbell
Doreen Bardwell	Stephen & Claire Miles
Sandra, Philip, Ellie & Laura Harle	Emily & Rob Oxborrow
Daphne & Terri Roper	Eileen Griffiths
Pam Bloomfield	David & Lynn Bailey
Grahame, Sylvia, Linda & Susan Hawes	Kirsty, Shane, Ceylon, AJ & Logan Stone
Ann Woods	Olive Wilson

## **In Our Special Prayers**

Ann Colley

Pam's Grandson Joshua

David Dutson

Magda's daughter Jackie

Penny Batho

Doreen Thomas

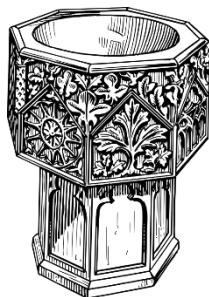
Robin Cornish



## **Baptism**

24 September

Rosie Jane Bristow



# OCTOBER



We haven't had any conkers on our trees this year, but riding along the country lanes I have seen lots on the trees. I still get this urge to pick them up, they are so shiny. Many people pick them up to put on stairs or window sills to keep spiders away and I have heard it works!

Lots of chestnuts which can be eaten, still hanging in their green prickly shells ready to drop. Sloes are on the bushes ready to make Sloe Gin and lots of blackberries. I have seen several people picking blackberries this year. It was a regular thing to do a few years back, blackberries would be mixed with apples to make tarts or pies. I used to make an old fashioned suet pudding, each time I had visitors or friends round. We don't have many now as they are too heavy on the digestive system and not good for our weight.

Bill has recently bought me a walker and I have had some walks round the lane. It's so peaceful, lots of berries for the birds and acorns and hazelnuts for the squirrels. I have a seat on the walker so one day I sat on the walker in the cornfield looking across to Aldringham; it was so relaxing. We are so lucky to have all this beauty on our doorstep.

Walking back down the lane I met a young family pushing a pushchair. I said to them that I started my life pushing a pram, now look what I've come to. That made them laugh. If you can make people laugh it's good.

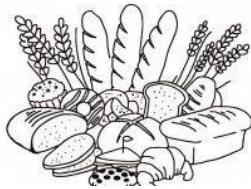
Margaret Clarke



## **Diary of a Church Mouse by John Betjeman**

Here among long-discarded cassocks,  
Damp stools, and half-split open hassocks,  
    Here where the vicar never looks  
I nibble through old service books.  
    Lean and alone I spend my days  
Behind this Church of England baize.  
    I share my dark forgotten room  
With two oil-lamps and half a broom.  
    The cleaner never bothers me,  
        So here I eat my frugal tea.  
My bread is sawdust mixed with straw;  
    My jam is polish for the floor.  
Christmas and Easter may be feasts  
    For congregations and for priests,  
And so may Whitsun. All the same,  
    They do not fill my meagre frame.  
    For me the only feast at all  
        Is Autumn's Harvest Festival,  
        When I can satisfy my want  
With ears of corn around the font.  
    I climb the eagle's brazen head  
To burrow through a loaf of bread.  
    I scramble up the pulpit stair  
And gnaw the marrows hanging there.  
        It is enjoyable to taste  
These items ere they go to waste,  
    But how annoying when one finds  
That other mice with pagan minds  
Come into church my food to share  
Who have no proper business there.  
    Two field mice who have no desire  
        To be baptised, invade the choir.

A large and most unfriendly rat  
Comes in to see what we are at.  
He says he thinks there is no God  
And yet he comes ... it's rather odd.  
This year he stole a sheaf of wheat  
(It screened our special preacher's seat),  
And prosperous mice from fields away  
    Come in to hear our organ play,  
        And under cover of its notes  
    Ate through the altar's sheaf of oats.  
A Low Church mouse, who thinks that I  
    Am too papistical, and High,  
        Yet somehow doesn't think it wrong  
    To munch through Harvest Evensong,  
While I, who starve the whole year through,  
    Must share my food with rodents who  
        Except at this time of the year  
    Not once inside the church appear.  
    Within the human world I know  
        Such goings-on could not be so,  
    For human beings only do  
        What their religion tells them to.  
        They read the Bible every day  
    And always, night and morning, pray,  
And just like me, the good church mouse,  
Worship each week in God's own house,  
    But all the same it's strange to me  
    How very full the church can be  
        With people I don't see at all  
    Except at Harvest Festival.





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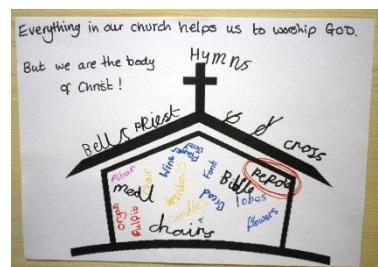


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## JAM SUNDAY SCHOOL

On 27 August JAM Sunday School did some activities based around some of the day's readings. In Psalm 138 the psalmist wrote that he will give thanks to the Lord with his whole heart and will sing his praise. The children discussed what things we have in the church to help us worship God.

They had a piece of paper with a diagram of a church on it and they wrote all these things on it. Some of the words were: bells, choir, hymns and organ. In Romans Paul wrote to the Romans telling them that we together are like one body that is made up of many parts that have different functions. We have different gifts but we are one body in Christ and part of each other.



The children coloured in and cut out some card finger puppets of children. These had two holes in them to put their fingers through. On one the fingers were arms and on the other they were legs. The words 'We are the body of Christ' was written on them. In Matthew Jesus asks his disciples, "Who do people say that the Son of Man is?" and "Who do you say that I am?" To the second question Simon Peter answered, "You are the Messiah, the Son of the living God." The children played a game where they had to guess what object each other had by asking questions. They had card bands round their heads with pictures on. One had a car and the other had a chair.

Linda Hawes



## 17 SEPTEMBER WAS TOWN PASTOR SUNDAY



There are three Leiston Town Pastors at St. Margaret's church, Reverend Richard Ellis (Retired), Sandra Ellis and Sue Threadkell.

They spoke about what they do, why they do it and what they get from doing it.

**Linda Hawes**

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Donations of books, toys, household items and especially good quality clothing are always welcomed too.

An illustration of a family of four (two adults and two children) carrying shopping bags, walking towards the shop.

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HELP OUT IN  
MARGARET'S  
SHOP?**

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## NOTICE: Items for November's magazine

Please note that all articles, adverts etc. will need to be submitted to Marian Peskett by **18 October** for inclusion in the November Magazine. Thank you.

Email: [t.peskett@sky.com](mailto:t.peskett@sky.com)

The Parish Magazine is available from St Margaret's Church or Margaret's Shop. Delivery can be arranged.

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